

ABSTRACT

***THE INFLUENCE OF BURNOUT AND PSYCHOLOGICAL WELL-BEING
ON RESILIENCE
(Research on Piece Workers in the Production Section of PT Maju Jaya Lestari
Banjar Patroman)***

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This study aims to identify and analyze burnout, psychological well-being and resilience, as well as examine the influence of the two independent variables on resilience at PT Maju Jaya Lestari Banjar Patroman. This research uses survey method with non-probability sampling technique through saturated sample. Primary data collection was carried out by distributing questionnaires to 70 respondents, while secondary data was obtained from literature review and information obtained from the company. The results of this study indicate that burnout, psychological well-being affect resilience.

Keywords: Burnout, Psychological Well-Being and Resilience.

ABSTRAK

**PENGARUH *BURNOUT* DAN *PSYCHOLOGICAL WELL-BEING*
TERHADAP RESILIENSI
(Penelitian Pada Pekerja Borongan Hasil Bagian Produksi PT Maju Jaya
Lestari Banjar Patroman)**

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Penelitian ini bertujuan untuk mengidentifikasi dan menganalisis *burnout*, *psychological well-being* serta resiliensi, sekaligus mengkaji pengaruh kedua variabel independen terhadap resiliensi di PT Maju Jaya Lestari Banjar Patroman. Penelitian ini menggunakan metode survei dengan teknik pengambilan sampel *non-probability* sampling melalui sampel jenuh. Pengumpulan data primer dilakukan dengan menyebarkan kuesioner kepada 70 responden, sementara data sekunder diperoleh dari kajian literatur serta informasi yang didapat dari pihak perusahaan. Analisis data menggunakan metode analisis jalur. Hasil penelitian ini menunjukkan bahwa *burnout*, *psychological well-being* berpengaruh terhadap resiliensi.

Kata kunci: *Burnout*, *Psychological Well-Being* dan Resiliensi.