

**ABSTRACT**  
**THE INFLUENCE OF WORK LIFE BALANCE AND WORK  
ENVIRONMENT ON THE PERFORMANCE OF TRAFFIC POLICE  
OFFICERS**

**(A Study on Traffic Police Officers of the Turjagwali Unit at Tasikmalaya Police  
Department)**

By:

Lisda Sri Anjani

213402035

Guide I : Ane Kurniawati

Guide II : Alfin Nur Fahmi Mufreni

*The purpose of this study is to analyze the impact of work life balance and work environment on the performance of members of the Traffic Police Unit (Satlantas) of the Tasikmalaya Police Department. The research method used is quantitative with a survey approach. Data were collected through questionnaires distributed to the members of Satlantas Polres Tasikmalaya, and then analyzed using path analysis techniques. The results show that work life balance, work environment, and performance are classified as very high. Work life balance and work environment, both simultaneously and partially, have an effect on employee performance. This research is expected to contribute to human resource management within the police force, particularly in improving performance through policies that consider work life balance and the working environment.*

**Keywords:** *Work life balance, Work Environment, Performance*

**ABSTRAK**  
**PENGARUH *WORK LIFE BALANCE* DAN LINGKUNGAN KERJA**  
**TERHADAP KINERJA ANGGOTA SATLANTAS**

(Studi pada Anggota Satlantas Unit Turjagwali Polres Tasikmalaya)

Oleh:

Lisda Sri Anjani

213402035

Pembimbing I : Ane Kurniawati

Pembimbing II : Alfin Nur Fahmi Mufreni

Tujuan penelitian ini untuk menganalisis pengaruh *work life balance* dan lingkungan kerja terhadap kinerja anggota Satlantas Unit Turjagwali Polres Tasikmalaya. Metode penelitian yang digunakan adalah kuantitatif dengan pendekatan survei. Data dikumpulkan melalui kuesioner yang disebarakan kepada anggota Satlantas Polres Tasikmalaya, kemudian dianalisis menggunakan teknik analisis jalur (*path analysis*). Hasil penelitian menunjukkan bahwa *work life balance*, lingkungan kerja, kinerja dalam klasifikasi sangat tinggi. *Work life balance*, lingkungan kerja secara simultan dan parsial berpengaruh terhadap kinerja pegawai. Penelitian ini diharapkan dapat memberikan kontribusi bagi pengelolaan sumber daya manusia di lingkungan kepolisian, khususnya dalam meningkatkan kinerja melalui kebijakan yang memperhatikan keseimbangan kerja dan kondisi lingkungan kerja.

**Kata kunci:** *Work life balance*, Lingkungan kerja, Kinerja