

ABSTRACT

MUHAMMAD AMAR MUZAKI. 2026. *Comparison of the Effects of Rondo Training and Small Field Games on Futsal Ball Passing Skills at SMPN 5 Tasikmalaya*. Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

This study was motivated by the low quality of passing skills in junior high school players aged 14-15 years who participated in the futsal extracurricular at SMP Negeri 5 Tasikmalaya with a research sample of 20 people. This research problem is shown through low accuracy, control, and consistency of passing in game situations. This problem indicates the implementation of less than optimal training methods that are able to integrate technical, tactical, and decision-making aspects. This study aims to analyze the effect of rondo training and small field games and test the differences in the effectiveness of the two methods in improving passing skills. The method used is an experiment with a two-group treatment design. The research sample consisted of 20 students divided into rondo training groups (4v1) and small field games (4v4). Data collection was carried out through passing control skills tests before and after treatment, then analyzed using parametric statistical tests. The results showed that both training methods provided significant improvements in ball passing skills, as indicated by an average increase in the rondo group from 8.1 to 13.8, and the small field games group from 8.0 to 15.1. The results of the difference test showed that small-pitch games were more effective than rondos in improving passing skills. These findings confirm that a game-based training approach with high intensity and situational complexity is optimal for developing futsal technical skills at the junior high school level.

Keywords: futsal, passing accuracy, rondo training model and small sided games