

ABSTRAK

IDAN RAHMAT TAUFIQ. 2026. **Hubungan Konsentrasi dan Koordinasi Mata Tangan dengan Ketepatan *Shooting* pada Atlet UKM *Petanque* Universitas Siliwangi.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Petanque merupakan olahraga permainan yang mengandalkan tingkat akurasi tinggi. Penelitian ini memiliki tujuan untuk (1) mengetahui hubungan antara konsentrasi terhadap hasil *shooting*; (2) mengetahui hubungan Koordinasi Mata Tangan terhadap hasil *shooting*; (3) mengetahui hubungan antara konsentrasi dan Koordinasi Mata Tangan terhadap hasil *Shooting* atlet *petanque* Universitas Siliwangi. Penelitian ini merupakan penelitian korelasional. Metode yang digunakan adalah Kuantitatif deskriptif dengan analisis regresi ganda. Teknik pengumpulan data dilakukan dengan tes Konsentrasi menggunakan *Grid Concentration test*, tes koordinasi mata tangan menggunakan *hand wall toss test*, dan tes untuk ketepatan *shooting* menggunakan *shooting game* FIPJP. Subjek dari penelitian ini adalah 10 atlet *petanque* Universitas Siliwangi. Metode pengambilan sampel dalam penelitian ini adalah teknik sampling jenuh dengan menggunakan semua anggota sampel. Berdasarkan hasil pada penelitian ini menunjukkan bahwa : (1) Ada hubungan yang signifikan antara Konsentrasi terhadap hasil *shooting* atlet *petanque* Universitas Siliwangi sebesar 97.9% dengan kategori sangat kuat dan nilai t hitung $13.11 > t$ tabel 2.06. (2) Ada hubungan yang signifikan antara Koordinasi Mata Tangan terhadap hasil *shooting* sebesar 65.4% , dengan kategori korelasi sedang/cukup dan nilai t hitung $2.463 > t$ tabel 2.306, (3) Ada hubungan yang signifikan antara konsentrasi dan koordinasi mata tangan secara bersamaan terhadap hasil *shooting* sebesar 97.9% dan nilai F hitung $152.9 > F$ tabel 4.48. Dapat disimpulkan bahwa, (1) terdapat hubungan yang signifikan antara konsentrasi dengan ketepatan *shooting* atlet *petanque* Universitas Siliwangi , (2) Terdapat hubungan yang signifikan antara koordinasi mata tangan dengan ketepatan *shooting* atlet *petanque* Universitas Siliwangi, (3) Terdapat hubungan yang signifikan antara konsentrasi dan koordinasi mata tangan dengan ketepatan *shooting* atlet *petanque* Universitas Siliwangi,

Kata kunci: Ketepatan *Shooting*, Konsentrasi, Koordinasi Mata Tangan, dan *Petanque*.

ABSTRACT

IDAN RAHMAT TAUFIQ. 2026. *The Relationship between Concentration and Hand-Eye Coordination with Shooting Accuracy in Petanque UKM Athletes, Siliwangi University*. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University.

Petanque is a sport that relies on a high level of accuracy. This study aims to (1) determine the relationship between concentration and shooting results; (2) determine the relationship between hand-eye coordination and shooting results; (3) determine the relationship between concentration and hand-eye coordination and shooting results of Siliwangi University petanque athletes. This study is a correlational study. The method used is descriptive quantitative with multiple regression analysis. Data collection techniques were carried out with a concentration test using the Grid Concentration test, a hand-eye coordination test using the hand wall toss test, and a test for shooting accuracy using the FIPJP shooting game. The subjects of this study were 10 Siliwangi University petanque athletes. The sampling method in this study was a saturated sampling technique using all sample members. Based on the results of this study, it shows that: (1) There is a significant relationship between concentration and shooting results of Siliwangi University petanque athletes with a correlation value of 97.9% and a calculated t value of $13.11 > t_{table} 2.06$. (2) There is a significant relationship between hand eye coordination and shooting results, amounting to 65.4% and the calculated t value is $2.463 > t_{table} 2.306$, (3) There is a significant relationship between concentration and hand eye coordination and shooting results amounting to 97.9% and the calculated F value is $152.9 > F_{table} 4.48$. (1) There is a significant relationship between concentration and shooting accuracy of Siliwangi University petanque athletes, (2) There is a significant relationship between hand-eye coordination and shooting accuracy of Siliwangi University petanque athletes, (3) There is a significant relationship between concentration and hand-eye coordination and shooting accuracy of Siliwangi University petanque athletes

Keywords: shooting accuracy, concentration, hand-eye coordination, and petanque.