

ABSTRACT

HILMAN FAJAR MAULANA. 2026. *Efforts to Improve Learning Outcomes in Volleyball Underhand Passing Through the Cooperative Learning Model Type STAD in Class XI-2 at SMAN 4 Tasikmalaya City. Physical Education Department. Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.*

This study was motivated by the low learning outcomes of students in the underhand volleyball passing material in Class XI-2 of SMAN 4 Tasikmalaya. The study aimed to improve students' learning outcomes in underhand volleyball passing through the implementation of the Student Teams Achievement Division (STAD) cooperative learning model. The research employed a Classroom Action Research (CAR) design using the Kemmis and McTaggart model, which was conducted in two cycles consisting of planning, action, observation, and reflection stages. The research subjects were 38 students of Class XI-2 at SMAN 4 Tasikmalaya. Data were collected through learning outcome tests, observations, and documentation. The results showed that the implementation of the STAD cooperative learning model was able to improve students' learning outcomes. The average learning outcome score in Cycle I was 72.84 with a learning mastery percentage of 55.26%, which increased in Cycle II to 78.71 with a learning mastery percentage of 94.74%. In addition, students demonstrated increased participation, collaboration, and learning motivation throughout the learning process. Therefore, it can be concluded that the STAD cooperative learning model is effective in improving underhand volleyball passing learning outcomes among students of Class XI-2 at SMAN 4 Tasikmalaya.

Keywords: learning outcomes, underhand volleyball passing, STAD cooperative learning model, classroom action research.