

ABSTRACT

MUHAMMAD FAJAR RAMADHAN. 2025. *The Effect of Inside-Foot Kick Training Using Obstacles on Shooting Accuracy in U-12 Soccer Players at Wirautama High School, Ciamis Regency*. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University.

The purpose of this study was to determine whether there is an Effect of Inside Foot Kick Training Using Obstacles on Shooting Accuracy on Goal in U-12 Football Players of SSB Wirautama, Ciamis Regency. The research method used is an experiment and the instrument in this study is a shooting test in a soccer game. The population in the study were 18 U-12 Wirautama Ciamis 2026 soccer players. The sample used was 18 people using the total sampling technique. The results of the study showed a t test that showed a calculated t value of 10,1 which was in the area of acceptance of the null hypothesis (t tabel of 1.74). Based on the results of data processing with statistical tests, it turns out that empirically shooting training with inside foot kicks using obstacles has a significant effect on shooting accuracy in soccer games in U-12 Wirautama Ciamis 2026 soccer players.

Keywords: *Inside foot, accuracy, resistance, football*