

ABSTRAK

REVA WANGI. 2026. **Pengaruh Model Pembelajaran Cooperative Learning Type Times Games Tournament (TGT) Pada Pembelajaran PJOK Terhadap Peningkatan Keterampilan Sosial Peserta Didik.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi Tasikmalaya.

Tujuan penelitian ini adalah untuk mengetahui pengaruh Model Pembelajaran Cooperative Learning Type Teams Games Tournament TGT dalam pembelajaran PJOK terhadap Peningkatan Keterampilan Sosial Peserta Didik. Metode penelitian yang digunakan adalah metode kuantitatif eksperimen *pretest posttest*. Populasi dalam penelitian ini adalah seluruh siswa kelas viii SMPN 11 Tasikmalaya sebanyak 195 siswa. Sampel yang di ambil dalam penelitian ini 32 peserta didik. Teknik yang di gunakan adalah *propotional stratifed sampling*. Penelitian ini menggunakan *one-grup pretest dan posttest design*, dengan pengambilan data menggunakan angket Keterampilan Sosial sebelum dan sesudah melakukan model *pembelajaran cooperative learning type times games tournament* (TGT). Analisis data menggunakan uji *t*. Hasil penelitian menunjukan nilai *t* hitung sebesar 16,04 yang lebih besar dari nilai *t* tabel sebesar 1,696, maka hipotesis di tolak dan hipotesis penelitian di terima atau terbukti bahwa pembelajaran *cooperative learning type times games tournament* (TGT) dalam pembelajaran PJOK berpengaruh secara signifikan terhadap peningkatan keterampilan sosial peserta didik kelas viii SMPN 11 Tasikmalaya. Artinya, hasil penelitian tersebut menunjukan bahwa model pembelajaran *cooperative learning type times games tournament* (TGT) pada pembelajaran PJOK terhadap peningkatan keterampilan sosial peserta didik.

Kata kunci: *Cooperative Learning* TGT, Keterampilan Sosial, Pembelajaran Pendidikan Jasmani.

ABSTRACT

REVA WANGI. 2026. *The Effect of the Cooperative Learning Model, Teams Games Tournament (TGT), in Physical Education Learning on Improving Students' Social Skills*. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The purpose of this study was to determine the effect of the Cooperative Learning Type Teams Games Tournament TGT Learning Model in PJOK learning on Improving Students' Social Skills. The research method used was a quantitative pretest posttest experimental method. The population in this study were all 195 students of grade VIII of SMPN 11 Tasikmalaya. The sample taken in this study was 32 students. The technique used was proportional stratified sampling. This study used a one-group pretest and posttest design, with data collection using a Social Skills questionnaire before and after implementing the cooperative learning type times games tournament (TGT) learning model. Data analysis used the t test. The results showed a calculated t value of 16.04 which was greater than the t table value of 1.696, so the hypothesis was rejected and the research hypothesis was accepted or proven that cooperative learning type times games tournament (TGT) learning in PJOK learning had a significant effect on improving the social skills of grade VIII students of SMPN 11 Tasikmalaya. This means that the results of the study show that the cooperative learning type times games tournament (TGT) learning model in PJOK learning improves students' social skills.

Keywords: Cooperative Learning TGT, Social Skills, Physical Education Learning.