

EKSPLORASI GURU PJOK DALAM MENGIMPLEMENTASIKAN VIDEO TUTORIAL PADA MATERI KETERAMPILAN MOTORIK DASAR DI SEKOLAH DASAR SE-KOTA TASIKMALAYA

(Andri Julyanto, Juni 2026)

ABSTRAK

Penelitian ini bertujuan untuk mengeksplorasi pengalaman guru Pendidikan Jasmani, Olahraga, dan Kesehatan (PJOK) dalam mengimplementasikan video tutorial pada materi keterampilan motorik dasar di Sekolah Dasar se-Kota Tasikmalaya. Penelitian menggunakan pendekatan kualitatif dengan desain fenomenologi untuk memahami pengalaman, persepsi, serta pemaknaan guru terhadap penggunaan video tutorial dalam proses pembelajaran. Partisipan penelitian terdiri atas guru PJOK sekolah dasar yang dipilih menggunakan teknik purposive sampling berdasarkan pengalaman menggunakan video tutorial dalam pembelajaran. Data dikumpulkan melalui wawancara mendalam, observasi, dan studi dokumentasi, kemudian dianalisis menggunakan model analisis data Miles, Huberman, dan Saldaña yang meliputi kondensasi data, penyajian data, serta penarikan kesimpulan. Keabsahan data dilakukan melalui triangulasi sumber, triangulasi teknik, dan member checking. Hasil penelitian menunjukkan bahwa implementasi video tutorial memberikan kemudahan bagi guru dalam menjelaskan teknik keterampilan motorik dasar, meningkatkan pemahaman dan keterlibatan peserta didik, serta menciptakan pembelajaran yang lebih menarik dan interaktif. Namun, implementasinya masih menghadapi kendala berupa keterbatasan sarana teknologi, akses internet, dan kompetensi digital guru. Penelitian ini menyimpulkan bahwa video tutorial merupakan media pembelajaran yang potensial untuk mendukung pembelajaran PJOK, dengan keberhasilan implementasinya dipengaruhi oleh kompetensi guru serta dukungan fasilitas sekolah.

Kata kunci: *implementasi video tutorial, guru PJOK, keterampilan motorik dasar, fenomenologi, sekolah dasar.*

**EXPLORING PHYSICAL EDUCATION TEACHERS'
IMPLEMENTATION OF VIDEO TUTORIALS IN FUNDAMENTAL
MOTOR SKILLS INSTRUCTION AT ELEMENTARY SCHOOLS IN
TASIKMALAYA CITY**

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ABSTRACT

This study aims to explore the experiences of Physical Education, Sports, and Health (PJOK) teachers in implementing video tutorials for teaching fundamental motor skills in elementary schools across Tasikmalaya City. The study employed a qualitative approach with a phenomenological design to understand teachers' experiences, perceptions, and interpretations regarding the use of video tutorials in the teaching and learning process. The participants were elementary school PJOK teachers selected through purposive sampling based on their experience in using video tutorials during instruction. Data were collected through in-depth interviews, observations, and document analysis, and were analyzed using the Miles, Huberman, and Saldaña interactive model, which includes data condensation, data display, and conclusion drawing. Data trustworthiness was ensured through source triangulation, technique triangulation, and member checking. The findings revealed that the implementation of video tutorials helped teachers demonstrate fundamental motor skills more effectively, enhanced students' understanding and engagement, and created a more interactive and engaging learning environment. However, several challenges remained, including limited technological facilities, inadequate internet access, and teachers' digital competencies. The study concludes that video tutorials are a promising instructional medium for supporting PJOK learning, with successful implementation largely influenced by teachers' competencies and the availability of school facilities.

Keywords: video tutorial implementation, Physical Education teachers, fundamental motor skills, phenomenology, elementary school.