

ABSTRACT

REISKA SIFA AULIA. 2026. THE EFFECT OF SELF-REGULATED LEARNING AND SELF-AWARENESS ON STUDENTS' LEARNING OUTCOMES IN ECONOMICS (A Survey of Students in SMA Negeri 1 Langkaplancar, Academic Year 2025/2026). Department of Economic Education, Faculty of Teacher Training and Education, Universitas Siliwangi, Tasikmalaya. Supervised by Rendra Gumilar, M.Pd., and Raden Roro Suci Nurdianti, S.Pd., M.Pd.

This study is motivated by the low learning outcomes of students in economics subjects at SMA Negeri 1 Langkaplancar, as indicated by the low level of students' learning mastery. This condition suggests the influence of internal factors, particularly self-regulated learning and self-awareness. This study aims to analyze the effect of self-regulated learning and self-awareness on students' learning outcomes, both partially and simultaneously. This research employed a quantitative approach with a survey method. The population consisted of students in grades X, XI, and XII at SMA Negeri 1 Langkaplancar in the 2025/2026 academic year. The sample consisted of 182 students selected using the Slovin formula and the Proportionate Stratified Random Sampling technique. Data were collected through questionnaires, observation, and documentation. The data analysis technique used multiple linear regression analysis with the assistance of SPSS, preceded by prerequisite tests and hypothesis testing. The results show that self-regulated learning and self-awareness have a positive and significant effect on students' learning outcomes, both partially and simultaneously. This is indicated by significance values lower than 0.05 and positive regression coefficients for each variable. Furthermore, the coefficient of determination of 0.587 indicates that self-regulated learning and self-awareness contribute 58.7% to learning outcomes, while the remaining 41.3% is influenced by other factors beyond this study. In conclusion, improving students' self-regulated learning and self-awareness plays an important role in enhancing learning outcomes, particularly in economics subjects.

Keywords: *self-regulated learning, self-awareness, learning outcomes, economics*