

## ABSTRAK

YUDI SUYUD AZHARI. 2025. Upaya **Meningkatkan Hasil Belajar Keterampilan *Passing Bawah Permainan Bola Voli Melalui Model *Problem Based Learning* (PBL) Pada Siswa Kelas VII – I SMP Negeri 17 Tasikmalaya***. Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Tujuan penelitian ini adalah untuk mengetahui peningkatan hasil belajar *passing* bawah pada permainan bola voli melalui model *problem based learning* pada siswa kelas VII- I SMP 17 Tasikmalaya. Penelitian ini menggunakan model Penelitian Tindakan Kelas (PTK) dilakukan 2 siklus. Subjek penelitian siswa kelas VII-I SMP Negeri 17 Tasikmalaya jumlah laki laki 20 dan perempuan 16 siswa, objek penelitian ini adalah proses pembelajaran *passing* bawah pada permainan bola voli melalui model *Problem based learning*. Instrumen penelitian menerapkan tes observasi dan tes unjuk kerja menggunakan rubrik penilaian yang terdapat pada Modul Ajar dimaksudkan untuk mengetahui nilai proses. Hasil penelitian menunjukkan terdapat peningkatan hasil belajar *passing* bawah permainan bola voli melalui model *problem based learning* pada siswa kelas VII-I SMP Negeri 17 Tasikmalaya. Setelah penerapan model *problem based learning* siswa kelas VII-I dilakukan dengan 2 siklus hasilnya sebesar 86,11 diatas Kriteria Ketuntasan Tujuan Pembelajaran (KKTP) yaitu 75. Dapat disimpulkan bahwa proses pembelajaran melalui model *problem based learning* terbukti dapat meningkatkan hasil belajar teknik dasar *passing* bawah permainan bola voli di kelas VII-I SMPN Negeri 17 Tasikmalaya.

**Kata Kunci :** Hasil Belajar, *Problem Based Learning*, *Passing Bawah*, Permainan Bola Voli

## **ABSTRACT**

**YUDI SUYUD AZHARI. 2025. *Efforts to Improve Learning Outcomes of Underhand Passing Skills in Volleyball Through Problem Based Learning (PBL) Models for Grade VII-I Students of SMP Negeri 17 Tasikmalaya.* Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University.**

*The purpose of this study was to determine the improvement of learning outcomes of underhand passing in volleyball games through the problem-based learning model in class VII-I students of SMP Negeri 17 Tasikmalaya. This study used the Classroom Action Research (CAR) model conducted in 2 cycles. The research subjects were class VII-I students of SMP Negeri 17 Tasikmalaya, totaling 20 males and 16 females. The object of this study was the learning process of underhand passing in volleyball games through the Problem-based learning model. The research instrument applied observation tests and performance tests using the assessment rubric contained in the Teaching Module intended to determine the value of the process. The results showed that there was an increase in learning outcomes of underhand passing in volleyball games through the problem-based learning model in class VII-I students of SMP Negeri 17 Tasikmalaya. After the application of the problem-based learning model, class VII-I students were carried out with 2 cycles, the results were 86.11 above the Learning Objective Completion Criteria (KKTP) which was 75. It can be concluded that the learning process through the problem-based learning model is proven to improve learning outcomes of basic underhand passing techniques in volleyball games in class VII-I of SMPN Negeri 17 Tasikmalaya.*

**Keywords:** *Learning Outcomes, Problem Based Learning, Underhand Passing, Volleyball Game.*