

ABSTRACT

FITRIYANI. 2026. *The Contribution of Agility and Hip Flexibility to Dribbling Performance in Junior High School 2 Singaparna Basketball Extracurricular Participants*. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University.

This study aims to obtain information about the contribution of hip agility and flexibility to dribbling performance among basketball extracurricular participants at SMPN 2 Singaparna. The research method used was quantitative descriptive research, conducted in a single session. The research subjects were 16 students participating in the basketball extracurricular program at SMPN 2 Singaparna. Based on the results of data analysis, it is known that agility and hip flexibility contribute to dribbling results. This is evidenced by the coefficient of determination value, which shows a contribution of 85.19%, while the remaining 14.81% is influenced by other factors. Therefore, H_0 is rejected and H_a is accepted, which means that there is a significant contribution between agility and hip flexibility on dribbling results among basketball extracurricular participants at SMPN 2 Singaparna.

Keywords: Basketball, Hip Flexibility, Dribbling Results, Agility, Contribution.