

## ABSTRAK

ANDHITA INTAN AZARAH. 2026. **Pengaruh Model Latihan *Diamond* Terhadap Ketepatan *Passing* Permainan Futsal Putri Di Ekstrakurikuler SMP Negeri 10 Kota Tasikmalaya.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Tujuan penelitian ini adalah untuk mengkaji data yang terkait dengan hasil Model Latihan *Diamond* Terhadap Ketepatan *Passing* Permainan Futsal Putri Ekstrakurikuler SMP Negeri 10 Kota Tasikmalaya. Metode penelitian yang digunakan adalah metode kuantitatif eksperimen dengan desain penelitian Pre-Eksperimental Design One Group Pretest – Posttest. Subjek penelitian pemain futsal putri ekstrakurikuler SMP Negeri 10 Kota Tasikmalaya berjumlah 25 orang dan seluruhnya dijadikan sampel penelitian (total sampling/sampel jenuh). Instrumen penelitian menggunakan tes ketepatan passing permainan futsal. Pengolahan data menggunakan uji statistik parametrik untuk menguji hipotesis yang diajukan. Berdasarkan hasil pengelolaan data, diperoleh hasil rata-rata nilai  $t_{hitung}$  tes awal 10,6 dan tes akhir sebesar 13,6. Dari data tersebut setelah diolah menggunakan statistika parametrik menunjukkan hasil tersebut nilai  $t_{hitung}$  sebesar 25,32 lebih besar dari  $t_{tabel}$  sebesar 1,71. Dengan demikian  $t_{hitung} > t_{tabel}$  dan berada di daerah penolakan  $H_0$ . Artinya terdapat perbedaan yang signifikan, dengan demikian model latihan *diamond* berpengaruh secara signifikan terhadap ketepatan *passing* permainan futsal putri SMP Negeri 10 Kota Tasikmalaya.

Kata kunci : *Diamond*, *Passing*, Ketepatan, Latihan

## ABSTRACT

**ANDHITA INTAN AZARAH. 2026.** *The Effect of the Diamond Training Model on the Passing Accuracy in Women's Futsal in the Extracurricular Program at SMP Negeri 10 Tasikmalaya. Department of Physical Education. Faculty of Teacher Training and Education. Universitas Siliwangi.*

*The purpose of this study was to examine data related to the results of the Diamond Training Model on the Passing Accuracy in Women's Futsal in the extracurricular program at SMP Negeri 10 Tasikmalaya. The research method used was a quantitative experimental method with a Pre-Experimental Design One Group Pretest–Posttest research design. The research subjects were 25 female futsal players participating in the extracurricular program at SMP Negeri 10 Tasikmalaya, and all of them were used as the research sample (total sampling/saturated sample). The research instrument used was a futsal passing accuracy test. Data processing used parametric statistical tests to test the proposed hypothesis. Based on the results of data processing, the average pretest score was 10.6, and the posttest score was 13.6. After being analyzed using parametric statistics, the results showed that the  $t$ -count value was 25.32, which is greater than the  $t$ -table value of 1.71. Thus,  $t$ -count  $>$   $t$ -table, which falls in the rejection region of  $H_0$ . This means that there is a significant difference. Therefore, the Diamond training model has a significant effect on the passing accuracy of female futsal players at SMP Negeri 10 Tasikmalaya*

*Keywords: Diamond, Passing, Accuracy, Training*