

ABSTRAK

SELSI SITI JALIANI. 2026. **Kontribusi kelincahan dan koordinasi mata-kaki terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Penelitian ini bertujuan untuk mengetahui kontribusi kelincahan dan koordinasi mata-kaki terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut. Metode penelitian yang digunakan adalah metode deskriptif korelasional. Populasi dalam penelitian ini adalah seluruh pemain ekstrakurikuler futsal putra SMK Negeri 8 Garut, dengan sampel penelitian sebanyak 15 orang yang dipilih menggunakan teknik *purposive sampling*. Instrumen penelitian yang digunakan meliputi tes kelincahan berupa *Illinois Agility Run Test*, tes koordinasi mata-kaki, serta tes keterampilan *dribbling* futsal. Teknik pengumpulan data dilakukan melalui tes dan pengukuran langsung di lapangan. Teknik analisis data menggunakan analisis korelasi *Product Moment* dan analisis regresi ganda dengan taraf signifikansi 0,05. Hasil penelitian menunjukkan bahwa terdapat kontribusi positif terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut sebesar 77,44%. Koordinasi mata-kaki memiliki kontribusi negatif terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut sebesar 82,81%. Secara simultan, kelincahan dan koordinasi mata-kaki memberikan kontribusi sebesar 92,16% terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut, sedangkan sisanya sebesar 7,84% dipengaruhi oleh faktor lain yang tidak diteliti dalam penelitian ini. Dengan demikian, dapat disimpulkan bahwa terdapat kontribusi kelincahan terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut, terdapat kontribusi koordinasi mata-kaki terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut, serta terdapat kontribusi kelincahan dan koordinasi mata-kaki secara bersama-sama terhadap hasil *dribbling* pemain futsal SMK Negeri 8 Garut.

Kata kunci : *dribbling* futsal, kelincahan, koordinasi mata-kaki.

ABSTRACT

SELSI SITI JALIANI. 2026. *The contribution of agility and eye-foot coordination to futsal dribbling performance of SMK Negeri 8 Garut players.* Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University.

This study aims to determine the contribution of agility and foot-eye coordination to the dribbling performance of futsal players at SMK Negeri 8 Garut. The research method used is descriptive correlational. The population in this study were all male extracurricular futsal players at SMK Negeri 8 Garut, with a sample of 15 people selected using a purposive sampling technique. The research instruments used included an agility test in the form of the Illinois Agility Run Test, an eye-foot coordination test, and a futsal dribbling skills test. Data collection techniques were carried out through tests and direct measurements in the field. Data analysis techniques used Product Moment correlation analysis and multiple regression analysis with a significance level of 0.05. The results of the study showed that there was a positive contribution to the dribbling results of futsal players at SMK Negeri 8 Garut by 77.44%. Foot-eye coordination had a negative contribution to the dribbling results of futsal players at SMK Negeri 8 Garut by 82.81%. Simultaneously, agility and foot-eye coordination contributed 92.16% to the dribbling results of futsal players at SMK Negeri 8 Garut, while the remaining 7.84% was influenced by other factors not examined in this study. Thus, it can be concluded that there is a contribution of agility to the dribbling results of futsal players at SMK Negeri 8 Garut, there is a contribution of foot-eye coordination to the dribbling results of futsal players at SMK Negeri 8 Garut, and there is a contribution of agility and foot-eye coordination together to the dribbling results of futsal players at SMK Negeri 8 Garut.

Keywords: futsal dribbling, agility, foot-eye coordination.