

ABSTRAK

RHAMA PHAZRIAN EFENDI. Pengaruh latihan *passing diamond* terhadap akurasi *passing* pada pemain sepak bola SSB Asfar U 11-13 tahun. Jurusan Pendidikan Jasmani, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Penelitian ini bertujuan untuk mengetahui pengaruh latihan *passing diamond* terhadap akurasi *passing* pada pemain sepak bola SSB Asfar U 11-13 tahun yang berlokasi di kec Indihiang, Kota Tasikmalaya. Penelitian ini menggunakan metode penelitian eksperimen. Populasi penelitian ini merupakan seluruh siswa SSB Asfar yang berjumlah 30 orang. Sampel penelitian dipilih berdasarkan kebutuhan dan karakteristik penelitian dengan kriteria usia 11-13 tahun sebanyak 15 orang. Teknik pengambilan sampel menggunakan teknik *purposive sampling* untuk U 11-13 tahun yang berjumlah 15 orang. Instrumen yang digunakan adalah tes akurasi *passing*. Hasil penelitian, pengolahan data, analisis dan pengujian hipotesis, maka dapat disimpulkan terdapat pengaruh signifikan latihan *passing diamond* terhadap akurasi *passing* pada pemain sepak bola. Dengan $t_{hitung} = 5,70$ lebih besar dari $t_{tabel} = 1,76$. Berada di luar daerah penerimaan hipotesis nol, sehingga hipotesis nol di tolak dan hipotesis kerja diterima.

Kata kunci: akurasi *passing*, *passing diamond*, sepak bola.

ABSTRACT

RHAMA PHAZRIAN EFENDI. *The effect of diamond passing training on passing accuracy in Asfar Football school U 11-13 years. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.*

This study aims to determine the effect of diamond passing training on passing accuracy in SSB Asfar U 11-13 year old soccer players located in Indihiang sub-district, Tasikmalaya City. This study used an experimental research method. The population of this study was all 30 Asfar Football School students. The research sample was selected based on the needs and characteristics of the research with the age criteria of 11-13 years as many as 15 people. The sampling technique used purposive sampling for 15 students under-11-13. The instrument used was a passing accuracy test. The results of the research, data processing, analysis, and hypothesis testing indicate that there is a significant effect of diamond passing training on passing accuracy in football players. With $t_{count} = 5.70$ greater than $t_{table} = 1.76$, it is outside the null hypothesis acceptance region. Therefore, the null hypothesis is rejected and the working hypothesis is accepted.

Keywords: accuracy passing, football. passing diamond.