

## ABSTRAK

JIA JAMROTUL PUADAH. 2026. **Perbandingan Efektivitas *Standing Shoot* dan *Jump Shoot* Terhadap Hasil *Shooting* Pada Kejuaraan Koni *Basketball Championship 2025***. Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Penelitian ini bertujuan untuk mengetahui perbedaan efektivitas antara teknik *standing shoot* dengan *jump shoot* terhadap hasil *shooting* dua poin pada kejuaraan KONI *Basketball Championship 2025* tingkat sma putra, dan untuk mengetahui teknik manakah yang lebih efektif. Jenis penelitian ini yaitu deskriptif dengan pendekatan kuantitatif menggunakan metode observasi atau survei. Populasi dari penelitian ini yaitu seluruh peserta yang mengikuti kejuaraan KONI basketball championship. Untuk menentukan sampel menggunakan teknik *cluster sampling*. Adapun instrument penelitian yang digunakan adalah pengamatan dengan video serta blanko/form. Berdasarkan hasil pengolahan data menggunakan statistika, bahwa *jump shoot* lebih efektif dibandingkan *standing shoot* dalam kejuaraan KONI *Basketball Championship 2025*. Dari hasil uji kesamaan dua proporsi (uji dua pihak) didapatkan kesimpulan terdapat perbedaan efektivitas *standing shoot* dengan *jump shoot* terhadap hasil *shooting* dua poin dalam kejuaraan KONI *Basketball Championship 2025*.

Kata kunci: *standing shoot*, *jump shoot*, *shooting* dua poin

## **ABSTRACT**

**JIA JAMROTUL PUADAH. 2026. *Comparison of the Effectiveness of Standing Shoots and Jump Shoots on Shooting Results in the 2025 KONI Basketball Championship.* Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.**

*This study aims to determine the difference in effectiveness between the standing shoot and jump shoot techniques on two-point shooting results in the boys' senior high school division of the KONI Basketball Championship 2025, and to identify which technique is more effective. This research is a descriptive study with a quantitative approach using observation or survey methods. The population of this study consisted of all participants who competed in the KONI Basketball Championship. The sample was determined using a cluster sampling technique. The research instrument used was observation through video recordings and observation sheets/forms. Based on the results of data processing using statistical analysis, the findings indicate that the jump shoot is more effective than the standing shoot in the KONI Basketball Championship 2025. From the results of the two-proportion test (two-tailed test), it can be concluded that there is a significant difference in effectiveness between the standing shoot and jump shoot techniques on two-point shooting performance in the KONI Basketball Championship 2025.*

*Keywords: standing shot, jump shot, two-point shot*