

## ABSTRAK

Muslimatul Hajar, 2025 “**Hubungan *Time Management* Dan *Fear of Failure* Terhadap Prokrastinasi Akademik Mahasiswa**” (Survey pada Mahasiswa Pendidikan Ekonomi Fakultas Keguruan dan Ilmu Pendidikan Universitas Siliwangi 2023).” Jurusan Pendidikan Ekonomi, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya, di bawah bimbingan Gugum Gumilar, M.Pd., dan Raden Roro Suci Nurdiani, M.Pd.

Prokrastinasi akademik merupakan fenomena yang umum terjadi pada mahasiswa dan sering muncul dalam bentuk penundaan penyelesaian tugas meskipun mahasiswa menyadari konsekuensi akademik yang mungkin timbul. Perilaku ini tidak hanya berkaitan dengan tuntutan akademik yang tinggi, tetapi juga dipengaruhi oleh faktor internal mahasiswa, seperti kemampuan mengelola waktu dan kecenderungan takut mengalami kegagalan. Dalam konteks pendidikan tinggi, prokrastinasi akademik dapat berdampak pada rendahnya kualitas proses belajar serta meningkatnya tekanan akademik yang dirasakan mahasiswa. Penelitian ini bertujuan untuk menganalisis hubungan antara *time management* dan *fear of failure* terhadap prokrastinasi akademik. Metode yang digunakan adalah metode kuantitatif dengan desain survei eksplanatori. Populasi dalam penelitian ini adalah mahasiswa Pendidikan Ekonomi FKIP Universitas Siliwangi angkatan 2023, dengan sampel sebanyak 103 mahasiswa yang diambil menggunakan teknik random sampling. Instrumen pengumpulan data berupa kuesioner dengan teknik analisis data menggunakan uji Rank Spearman dan korelasi berganda. Hasil penelitian menunjukkan bahwa *time management* berhubungan negatif signifikan dengan prokrastinasi akademik ( $\rho = -0,422$ ; sig. = 0,000), *fear of failure* berhubungan positif signifikan dengan prokrastinasi akademik ( $\rho = 0,216$ ; sig. = 0,028), dan secara simultan kedua variabel berhubungan signifikan terhadap prokrastinasi akademik ( $R = 0,410$ ;  $R^2 = 0,168$ ; sig. = 0,000). Temuan ini menunjukkan bahwa *time management* dan *fear of failure* berhubungan signifikan dengan prokrastinasi akademik mahasiswa.

Kata kunci: *time management*; *fear of failure*; prokrastinasi akademik

## ABSTRACT

Muslimatul Hajar, 2025. ***“The Relationship Between Time Management and Fear of Failure on Students’ Academic Procrastination” (A Survey of Economics Education Students, Faculty of Teacher Training and Education, Siliwangi University, 2023). Department of Economics Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya. Supervised by Gugum Gumilar, M.Pd., and Raden Roro Suci Nurdiani, M.Pd.***

*Academic procrastination is a common phenomenon among university students and often manifests as the postponement of task completion despite students’ awareness of the potential academic consequences. This behavior is not only related to high academic demands but it also associated with internal factors, such as time management ability and the tendency to fear failure. In the context of higher education, academic procrastination may lead to a decline in the quality of the learning process and increased academic pressure experienced by students. This study aims to analyze the relationship between time management and fear of failure on academic procrastination. This study aimed to examine the relationship between time management and fear of failure with academic procrastination among college students. A quantitative approach was applied using an explanatory survey design. The population consisted of 2023 students from the Economics Education Program, FKIP, Universitas Siliwangi, with a sample of 103 students selected through random sampling. Data were collected via questionnaires and analyzed using Spearman’s rank correlation and multiple correlation analysis. The results showed that time management had a significant negative relationship with academic procrastination ( $\rho = -0.422$ ;  $p = 0.000$ ), fear of failure had a significant positive relationship ( $\rho = 0.216$ ;  $p = 0.028$ ), and both variables simultaneously had a significant correlation with academic procrastination ( $R = 0.410$ ;  $R^2 = 0.168$ ;  $p = 0.000$ ). These findings suggest that time management and fear of failure are key factors in students’ academic procrastination.*

*Keywords: time management; fear of failure; academic procrastination*