

## TABLE OF CONTENTS

<b>APPROVAL SHEET</b> .....	<b>ii</b>
<b>APPROVAL SHEET</b> .....	<b>iii</b>
<b>LEMBAR PERNYATAAN</b> .....	<b>iiiv</b>
<b>PERSONAL PAGE (MOTTO)</b> .....	<b>v</b>
<b>ABSTRAK</b> .....	<b>vi</b>
<b>ABSTRACT</b> .....	<b>vii</b>
<b>PREFACE</b> .....	<b>viii</b>
<b>ACKNOWLEDGMENTS</b> .....	<b>ix</b>
<b>TABLE OF CONTENTS</b> .....	<b>xi</b>
<b>LIST OF TABLES</b> .....	<b>xiv</b>
<b>LIST OF ENCLOSURES</b> .....	<b>xv</b>
<b>CHAPTER 1 INTRODUCTION</b> .....	<b>1</b>
<b>1.1 Background of the Study</b> .....	<b>1</b>
<b>1.2 Formulation of the Problem</b> .....	<b>3</b>
<b>1.3 Operational Definitions</b> .....	<b>3</b>
<b>1.3.1 Emotion Regulation</b> .....	<b>4</b>
<b>1.3.2 EFL Teachers</b> .....	<b>4</b>
<b>1.3.3 Teaching English</b> .....	<b>4</b>
<b>1.3.4 Managing Challenges</b> .....	<b>4</b>
<b>1.3 Aim of the Study</b> .....	<b>5</b>
<b>1.4 Significance of the Study</b> .....	<b>5</b>
<b>1.4.1 Theoretical Significance</b> .....	<b>5</b>
<b>1.4.2 Practical Significance</b> .....	<b>5</b>

1.4.3 Empirical Significance .....	5
<b>CHAPTER 2 LITERATURE REVIEW .....</b>	<b>6</b>
2.1 Theoretical Framework.....	6
2.1.1 Emotion Regulation.....	6
2.1.2 EFL Teacher Emotions .....	11
2.1.3 Teaching English in Junior High School.....	12
2.2 Study of Relevant Research.....	15
<b>CHAPTER 3 RESEARCH PROCEDURES .....</b>	<b>17</b>
3.1 Research Design .....	17
3.2 Focus of Research.....	17
3.3 Research Setting and Participants.....	17
3.4 Data Collection .....	19
3.5 Data Analysis .....	19
3.5.1 Data Condensation .....	20
3.5.1.1 First Cycle Coding .....	21
3.5.1.2 Second Cycle Coding .....	24
3.5.2 Data display.....	25
3.5.3 Drawing and Verifying Conclusion .....	28
3.6 Research Schedule.....	28
<b>CHAPTER 4 RESEARCH FINDINGS AND DISCUSSION .....</b>	<b>30</b>
4.1 Situation Selection .....	30
4.2 Situation Modification.....	32
4.3 Attentional Deployment .....	36
4.4 Cognitive Change .....	38
4.5 Response Modulation.....	44

<b>CHAPTER 5 CONCLUSION AND SUGGESTION .....</b>	<b>49</b>
<b>5.1 Conclusion .....</b>	<b>49</b>
<b>5.2 Suggestion.....</b>	<b>50</b>
<b>REFERENCES.....</b>	<b>51</b>
<b>ENCLOSURES.....</b>	<b>58</b>
<b>BIOGRAPHY .....</b>	<b>106</b>

## LIST OF TABLES

<b>Table 3.1</b> Data Condensation.....	20
<b>Table 3.2</b> Initial Codes.....	21
<b>Table 3.3</b> Developing Code .....	23
<b>Table 3.4</b> Generating Pattern Codes .....	24
<b>Table 3.5</b> Data Display .....	25
<b>Table 3.6</b> Research Schedule .....	29
<b>Table 4.1</b> Situation selection.....	30
<b>Table 4.2</b> Situation modification .....	33
<b>Table 4.3</b> Attentional deployment.....	37
<b>Table 4.4</b> Cognitive Change .....	37
<b>Table 4.4.1</b> Cognitive Change in Dealing with Students' Misbehavior.....	39
<b>Table 4.4.2</b> Cognitive Change in Dealing with Differences in Students' English Abilities .....	41
<b>Table 4.4.3</b> Cognitive Change in Dealing with Differences in Students' Motivation .....	41
<b>Table 4.5</b> Response Modulation .....	45

## LIST OF ENCLOSURES

<b>Enclosure 1.</b> Consent Form.....	58
<b>Enclosure 2.</b> Interview Guidelines .....	64
<b>Enclosure 3.</b> Approved Research Tentative .....	68
<b>Enclosure 4.</b> <i>Kartu Bimbingan</i> .....	73
<b>Enclosure 5.</b> <i>SK Bimbingan</i> .....	73
<b>Enclosure 6.</b> Transcript Data Interview.....	74