

PREFACE

The thesis entitled “EFL Teachers' Emotion Regulation in Managing Challenges While Teaching English at a Junior High School” is submitted to fulfill the requirement for writing a thesis at the English Education Department, Faculty of Teachers' Training and Educational Sciences, University of Siliwangi.

The thesis includes five stages, such as the background of the study, a literature review, research methodology, findings and discussions, and conclusion. The first chapter provides background of the study to explore the EFL teachers' emotion regulation while teaching English at Junior High School, the research gap, the issue formulation, the relevance of the research, and the research goals. The second chapter describes the literature review around EFL Teachers' emotion regulation strategies. The third chapter describes how the thesis utilized a qualitative case study and interactive analysis model. The research included three EFL teachers at the Junior High School. The fourth chapter explained the results of the study, and the fifth chapter is a conclusion.

Finally, the author welcomes reader suggestions and constructive criticism to improve the writing. Hopefully, the thesis will benefit both the writer and the readers.

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