

ABSTRAK

FAUZI HAIRUL AZMI. 2025. **Upaya Meningkatkan Hasil Belajar *Passing Sepak Bola Melalui Model *Cooprative Learning Dengan Tipe *Team Games Tournament* Di SMA Negeri 1 Cigugur****. Jurusan Pendidikan Jasmani, Fakultas Keguruan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Berdasarkan pengamatan yang dilakukan oleh peneliti ketika bekerjasama dengan guru pamong saat mengajar PJOK dengan materi *passing* sepak bola. Dari hasil pengamatan, peneliti melihat hasil belajar sebelumnya, banyak peserta didik yang tidak mencapai nilai KKTP. Penelitian ini bertujuan untuk mengetahui peningkatan hasil belajar *passing* sepak bola di SMA Negeri 1 Cigugur di kelas XI IPA 1 dengan melalui model *cooprative learning* tipe *team games tournament*. Metode penelitian ini merupakan Penelitian Tindakan Kelas (PTK) yang di lakukan dengan 2 siklus. Subjek penelitian yaitu peserta didik kelas XI IPA I SMA Negeri 1 Cigugur dengan jumlah peserta didik 34 orang. Untuk peserta didik laki-laki berjumlah 24 orang dan jumlah peserta didik perempuan berjumlah 10 orang. Instrumen penelitian menerapkan tes observasi dan tes unjuk kerja dengan menggunakan rubrik penilaian yang terdapat pada Modul Ajar yang dimaksudkan untuk mengetahui nilai proses. Hasil penelitian menunjukkan terdapat peningkatan hasil belajar *passing* sepak bola dengan menggunakan model *cooprative learning* tipe *team games tournament* pada kelas XI IPA 1 SMA Negeri 1 Cigugur dilakukan dengan 2 siklus. Dimana hasilnya untuk siklus I, 20 orang peserta didik yang mencapai KKTP yaitu 75 dengan rata-rata nilai 75 hasilnya (59%). Untuk siklus II, 28 orang peserta didik yang mencapai KKTP dengan rata-rata nilai 82 hasilnya (82%). Dapat disimplkan bahwa proses pembelajaran melalui model pembelajaran *cooperative learning* tipe *team games tournament* terbukti dapat meningkatkan hasil belajar *passing* sepak bola di kelas XI IPA 1 SMA Negeri 1 Cigugur.

Kata Kunci : Peningkatan Hasil Belajar, *Cooprative Learning Tipe *Team Games Tournament**, *Passing Sepak Bola*, Olahraga Sepak Bola

ABSTRACT

FAUZI HAIRUL AZMI. 2025. *Efforts to Improve Football Passing Learning Outcomes through a Cooperative Learning Model with Team Games Tournament Type at SMA Negeri 1 Cigugur.* Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

Based on observations made by researchers when collaborating with teachers when teaching PJOK with football passing material. From the observation results, the researcher saw the results of previous learning, many students did not achieve KKTP scores. This research aims to determine the improvement of football passing learning outcomes at SMA Negeri 1 Cigugur in class XI Science 1 through a team games tournament type cooperative learning model. This research method is a Class Action Research (PTK) which is carried out in 2 cycles. The research subjects are students of class XI SCIENCE I SMA Negeri 1 Cigugur with a total of 34 students. For male students there are 24 people and the number of female students is 10 people. The research instrument applies observation tests and performance tests using the assessment rubric contained in the Teaching Module which is intended to determine the value of the process. The results of the study showed that there was an increase in the learning outcomes of football passing by using the team games tournament type cooperative learning model in class XI Science 1 SMA Negeri 1 Cigugur carried out in 2 cycles. Where the results for the first cycle, 20 students who achieved the KKTP were 75 with an average score of 75 results (59%). For the second cycle, 28 students achieved the KKTP with an average score of 82 results (82%). It can be implied that the learning process through the team games tournament type cooperative learning model has been proven to improve the learning outcomes of football passing in class XI Science 1 SMA Negeri 1 Cigugur.

Keywords: *Improvement of Learning Outcomes, Cooperative Learning Team Games Tournament Type, Football Passing, Football Sports.*