

ABSTRAK

RIZKI ABDUL AZIZ. 2025. **Hubungan *power* otot tungkai koordinasi mata - kaki dan percaya diri dengan hasil *shooting* sepakbola pada siswa sekolah sepakbola Raffa Soccer Kota Tasikmalaya.** Jurusan Pendidikan Jasmani. Fakultas Keguruan Dan Ilmu Pendidikan. Universitas Siliwangi.

Penelitian ini bertujuan untuk mengetahui hubungan yang berarti antara *power* otot tungkai koordinasi mata-kaki dan percaya diri terhadap hasil *shooting* permainan sepakbola. Metode yang digunakan yaitu kuantitatif deskriptif, penelitian di lakukan pada SSB Raffa Soccer Kota Tasikmalaya, dengan teknik purposive sampling. Dari hasil perhitungan tersebut besarnya dukungan *power* otot tungkai terhadap hasil *Shooting* sebesar (0,43) dan tingkat korelasi nya termasuk kategori cukup (18,49%), koordinasi mata-kaki terhadap hasil *Shooting* sebesar (0,35) dan tingkat koelasinya termasuk kategori rendah (12,25 %), dan hubungan percaya diri terhadap hasil *Shooting* sebesar (0,52) dan nilai korelasi nya termasuk kategori cukup (27,04 %). Jadi dengan demikian dari hasil penelitian ini terbukti bahwa untuk menghasilkan hasil *Shooting* yang baik diutamakan mempunyai kekuatan otot kejang, koordinasi mata- kaki, dan percaya diri di samping faktor lainnya yakni faktor teknik dan lingkungan

Kata kunci : Koordinasi mata-kaki, percaya diri, *Power* otot tungkai, *Shooting*, sepakbola

ABSTRACT

RIZKI ABDUL AZIZ. 2025. The relationship between leg muscle power, eye-foot coordination, and self-confidence with soccer Shooting results in students at the Raffa Soccer football school in Tasikmalaya City. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University.

This study aims to determine the significant relationship between leg muscle power, eye-foot coordination, and self-confidence towards shooting results in soccer games. The method used is quantitative descriptive, the study was conducted at SSB Raffa Soccer Tasikmalaya City, with a purposive sampling technique. From the results of the calculation, the amount of support for leg muscle power towards shooting results is (0.43) and the correlation level is included in the sufficient category (18.49%), eye-foot coordination towards shooting results is (0.35) and the correlation level is included in the low category (12.25%), and the relationship between self-confidence and shooting results is (0.52) and the correlation value is included in the sufficient category (27.04%). So, from the results of this study, it is proven that to produce good shooting results, it is prioritized to have muscle strength, ankle-foot coordination, and self-confidence in addition to other factors, namely technical and environmental factors.

Keywords: Eye-foot coordination, self-confidence, leg muscle power, shooting, football

