

ABSTRAK

Resi Bela Safitri. 2025. **Kontribusi Koordinasi Mata Tangan dan *Power Lengan* terhadap *Passing Atas* Permainan Bola Voli.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Tujuan dari penelitian ini adalah untuk memperoleh informasi tentang kontribusi koordinasi mata-tangan dan *power* lengan terhadap *passing* atas permainan bola voli pada atlet Putri UKM Bola Voli Universitas Siliwangi. Metode penelitian yang digunakan dalam penelitian ini adalah metode penelitian deskriptif kuantitatif. Sampel dari penelitian ini adalah atlet Putri UKM Bola Voli Universitas Siliwangi sebanyak 20 orang. Berdasarkan hasil pengolahan data diperoleh hasil Koordinasi mata-tangan memiliki kontribusi terhadap kemampuan *passing* atas pada pemain bola voli putri UKM Universitas Siliwangi. Dengan besar pengaruh sebesar 54,76%. *Power* lengan memiliki kontribusi terhadap kemampuan *passing* atas pada pemain bola voli putri UKM Universitas Siliwangi. Dengan besar pengaruh sebesar 62,41%. Kombinasi antara koordinasi mata-tangan dan *power* lengan memiliki pengaruh terhadap kemampuan *passing* atas pada pemain bola voli putri UKM Universitas Siliwangi Dengan besar pengaruh sebesar 82,81% sedangkan 17,19% lainnya berasal dari berbagai faktor lainnya.

Kata kunci: Koordinasi Mata-Tangan, *Passing Atas*, *Power Lengan*

ABSTRACT

Resi Bela Safitri. 2025. *Contribution of Eye Hand Coordination and Arm Power to Overhead Passing in Volleyball. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University.*

The purpose of this study was to obtain information about the contribution of eye-hand coordination and arm power to the overhead passing of volleyball in female athletes of the Volleyball Student Activity Unit (UKM) of Siliwangi University. The research method used in this study is a quantitative descriptive research method. The sample of this study was 20 female athletes of the Volleyball Student Activity Unit (UKM) of Siliwangi University. Based on the results of data processing, the results obtained Eye-hand coordination has a contribution to the overhead passing ability of female volleyball players of the UKM of Siliwangi University. With a large influence of 54.76%. Arm power has a contribution to the overhead passing ability of female volleyball players of the UKM of Siliwangi University. With a large influence of 62.41%. The combination of eye-hand coordination and arm power has an influence on the overhead passing ability of female volleyball players of the UKM of Siliwangi University. With a large influence of 82.81% while the other 17.19% comes from various other factors.

Keywords: Eye Hands Coordinatios, Volleyball Overhead Passing, Arm Power