

ABSTRAK

RAKA EFANDA PUTRA 2025. **Peningkatan Hasil Belajar *Passing* Bawah Bola Voli Melalui Penggunaan Model *Problem Based Learning* Di Kelas VIII SMPN 10 Tasikmalaya.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi, Tasikmalaya.

Tujuan penelitian ini adalah untuk mengetahui peningkatan hasil belajar *passing* bawah pada permainan bola voli melalui penggunaan *problem based learning* pada peserta didik kelas VIII F SMPN 10 Tasikmalaya. Penelitian ini menggunakan model penelitian Tindakan kelas (PTK) dilakukan II siklus. Subjek penelitian peserta didik kelas VIII F SMPN 10 Tasikmalaya jumlah laki-laki 16 dan Perempuan 17, objek penelitian ini adalah proses pembelajaran *passing* bawah pada permainan bola voli melalui model *problem based learning*. Instrumen penelitian menerapkan tes observasi dan tes untuk kerja menggunakan rubrik penilaian yang terdapat pada Modul Ajar yang dimaksudkan untuk mengetahui nilai proses. Hasil Penelitian menunjukkan terdapat peningkatan hasil belajar *passing* bawah permainan bola voli melalui model *problem based learning* pada peserta didik kelas VIII F SMPN 10 Tasikmalaya. Setelah penerapan model *problem based learning* peserta didik kelas VIII F dilakukan dengan 2 siklus hasilnya adalah sebesar 81,81% diatas Kriteria Ketuntasan Tujuan Pembelajaran (KKTP) yaitu 75. Dapat disimpulkan bahwa proses pembelajaran melalui model *problem based learning* terbukti dapat meningkatkan hasil belajar teknik dasar keterampilan *passing* bawah pada permainan bola voli di kelas VIII F SMPN 10 Tasikmalaya.

Kata Kunci : Hasil Belajar, *Passing* bawah, Permainan bola, *Problem based learning*.

ABSTRACT

RAKA EFANDA PUTRA 2025. *Improving Learning Outcomes in Volleyball Underhand Passing Through the Use of Problem Based Learning Models in Class VIII of SMPN 10 Tasikmalaya.* Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University, Tasikmalaya.

The purpose of this study was to determine the improvement of learning outcomes of underhand passing in volleyball games through the use of problem-based learning in class VIII F students of SMPN 10 Tasikmalaya. This study used a Classroom Action Research (CAR) model conducted in two cycles. The research subjects were class VIII F students of SMPN 10 Tasikmalaya, 16 males and 17 females, the object of this study was the learning process of underhand passing in volleyball games through the problem-based learning model. The research instrument applied observation tests and work test tests using the assessment rubric contained in the Teaching Module which was intended to determine the value of the process. The results of the study showed that there was an increase in learning outcomes of underhand passing in volleyball games through the problem-based learning model in class VIII F students of SMPN 10 Tasikmalaya. After the application of the problem based learning model to class VIII F students was carried out with 2 cycles, the results were 81,81% above the Learning Objective Completion Criteria (KKTP), namely 75. It can be concluded that the learning process through the problem based learning model has been proven to improve the learning outcomes of basic underhand passing techniques in volleyball games in class VIII F SMPN 10 Tasikmalaya.

Keywords: *Learning Outcomes, Underpassing, Ball games, Problem based learning.*