

ABSTRACT

Intan Diya Fadilah. 2025. **“The Influence of Self-Regulated Learning and Intensity of Smartphone Use on Academic Procrastination (Survey of Students in Class XI-XII social science at SMA Negeri 1 Sindangkasih in the 2024/2025 Academic Year in Economics Subject)”**. Department of Economic Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya. Under the guidance of Gugum Gumilar, S.Pd.,M.Pd. and Edi Fitriana Afriza, S.Pd., M.M.

The problem in this study is that many students of SMAN 1 Sindangkasih still procrastinate on assignments, which often results in them not being completed on time. This study aims to determine the influence of self-regulated learning and the intensity of smartphone use on academic procrastination in students of classes XI-XII Social at SMAN 1 Sindangkasih. The method in this study uses a quantitative method with an explanatory design. The population is 466 students in grades XI-XII Social at SMAN 1 Sindangkasih, with a sampling technique using Simple Random sampling so that a total of 215 students were obtained. The data collection technique used is a questionnaire. The analysis techniques used are normality test, linearity test, multicollinearity test, heteroskedasticity test, and multiple linear analysis. Hypothesis testing uses t-test and F-test with the help of SPSS 23 software. The results of the study showed that: 1) There was a significant influence of self-regulated learning on academic procrastination with a significance value of 0.010. 2) There was a significant influence of the intensity of smartphone use on academic procrastination with a significance value of 0.000. 3) There was a significant influence between self-regulated learning and the intensity of smartphone use on academic procrastination with a significance value of 0.000.

Keywords : Self Regulated Learning, Intensity of Smartphone, Academic Procrastination.