

ABSTRAK

Meta Hendrayani. 2024. **PENGARUH PEMAHAMAN *FAMILY DEVELOPMENT SESSION* (FDS) TERHADAP PERUBAHAN PERILAKU KELOMPOK PENERIMA MANFAAT (STUDI PADA KPM PKH DESA BEBER KECAMATAN CIMARAGAS, KABUPATEN CIAMIS)**. Jurusan Pendidikan Masyarakat. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi. Tasikmalaya.

Kelompok penerima manfaat perogram keluarga harapan merupakan bentuk dari program pemerintah yang di dalamnya tidak melulu berbicara mengenai bantuan sosial tetapi ada sebuah proses pemberdayaan yang dilakukan melalui kegiatan FDS. Fungsi dari adanya kegiatan tersebut yaitu untuk memberikan ilmu kepada KPM PKH agar pola pikir mereka tidak tertinggal dan ditekankan untuk membuat sebuah perubahan perilaku Penelitian ini bertujuan untuk mengetahui pengaruh *FAMILY DEVELOPMENT SESSION* (FDS) terhadap perubahan perilaku KPM di Desa Beber Kecamatan Cimaragas, Kabupaten Ciamis. Metode penelitian yang digunakan yaitu korelasional dengan pendekatan kuantitatif. Teknik pengambilan sampel yang digunakan adalah teknik sampling jenuh dengan mengambil seluruh populasi yaitu sebanyak 37 orang. Hasil uji hipotesis menunjukkan nilai t_{hitung} pada variabel *Family Development Session* (FDS) memiliki nilai sebesar $7,835 > \text{nilai } t_{tabel} 2,03011$. Sedangkan nilai probabilitasnya $0,000 < \alpha 0,05$ atau 5%, sehingga dapat disimpulkan bahwa H_0 ditolak dan H_1 diterima. Nilai koefisien pada variabel bebas bernilai 0,829 bertanda positif terhadap variabel terikat. Hal ini berarti semakin tinggi pemahaman FDS oleh KPM maka cenderung semakin tinggi pula tingkat perubahan perilakunya. Kemudian hasil analisis determinasi menunjukkan bahwa pemahaman FDS berpengaruh sebesar 68,7% terhadap perubahan perilaku, sedangkan sisanya 31,3% merupakan kontribusi variabel lain yang tidak termasuk model dalam penelitian ini. Sementara itu, hasil korelasi menunjukkan pemahaman FDS dan perubahan perilaku memiliki hubungan yang sangat kuat. Dengan demikian berdasarkan hasil analisis dapat disimpulkan bahwa pemahaman *Family Development Session* (FDS) berpengaruh secara positif dan signifikan terhadap perubahan perilaku kelompok penerima manfaat.

Kata Kunci: *Family Development Session* (FDS), Perubahan Perilaku, Kelompok Penerima Manfaat.

ABSTRACT

*Meta Hendrayani. 2024. **THE INFLUENCE OF UNDERSTANDING FAMILY DEVELOPMENT SESSION (FDS) ON CHANGES IN BEHAVIOR OF BENEFICIARY GROUPS (STUDY ON KPM PKH BEBER VILLAGE CIMARAGAS DISTRICT, CIAMIS DISTRICT)**. Department of Community Education. Faculty of Teacher Training and Education. Siliwangi University. Tasikmalaya.*

The group of beneficiaries of the Family Hope program is a form of government program which does not only talk about social assistance but there is an empowerment process carried out through FDS activities. The function of this activity is to provide knowledge to KPM PKH so that their mindset is not left behind and is emphasized in making a change in behavior. This research aims to analyze the influence of the FAMILY DEVELOPMENT SESSION (FDS) on changes in KPM behavior in Beber Village, Cimaragas District, Ciamis Regency. The research method used is correlational with a quantitative approach. The sampling technique used was a saturated sampling technique by taking the entire population, namely 37 people. The results of the hypothesis test show that the tcount value for the mother's participation variable in the Toddler Family Development Program has a value of $7.835 > t_{table}$ value of 2.03011. Meanwhile, the probability value is $0.000 < \alpha$ 0.05 or 5%, so it can be concluded that H_0 is rejected and H_1 is accepted. The coefficient value on the independent variable is 0.829, which is positive for the dependent variable. This means that the higher the understanding of FDS by KPM, the higher the level of behavior change tends to be. Then the results of the determination analysis show that understanding FDS has an effect of 68.7% on behavior change, while the remaining 31.3% is the contribution of other variables not included in the model in this research. Meanwhile, the correlation results show that FDS understanding and behavior change have a very strong relationship. Thus, based on the results of the analysis, it can be concluded that understanding the Family Development Session (FDS) has a positive and significant effect on changes in the behavior of the beneficiary group.

Keywords: *Family Development Session (FDS), Behavior Change, Beneficiary Group.*