

ABSTRACT

ZANATOEN KHODIJAH. 2025. *Comparison of Self-Confidence Levels Between Late Childhood and Early Adolescence in Pencak Silat Perisai Diri Branch in Tasikmalaya City*. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University.

Self-confidence is one of the determining factors for success in training and competing in the Pencak Silat Sabuk Diri (Peridul Diri) sport in Tasikmalaya. In the context of development, late childhood and early adolescence have different psychological characteristics, so their self-confidence levels are also thought to be different. The purpose of this study was to determine the level of self-confidence between these age groups and to determine whether there is a difference in the level of self-confidence between children and adolescents in the Pencak Silat Sabuk Diri sport in Tasikmalaya. The research method used in this study was the ex-post facto method. The population of this study was 112 children and 520 adolescents from the Tasikmalaya City Pencak Silat (Pencak Silat Diri) group. A purposive sampling technique was used for the sample, with 60 participants. The statistical analysis used descriptive statistics and inferential statistics (data normality test, homogeneity test, and significance test). Based on the data analysis, the self-confidence level of late childhood students was in the high category, while the self-confidence level of early adolescent students was in the high to very high category. Furthermore, the statistical calculation the t' value is 12.10, indicating that the t' is greater than the t_{table} and falls outside the null hypothesis of 1.69, meaning the research hypothesis is accepted or the null hypothesis is rejected. The conclusion of this study is that the self-confidence level of late childhood students is in the high category, while the self-confidence level of early adolescent students is in the high to very high category, and there is a significant difference in self-confidence levels between late childhood and early adolescent students in the Pencak Silat Perisai diri branch in Tasikmalaya City.

Keywords: Self-Confidence, late childhood, Early Adolescents, Pencak Silat, Perisai Diri