

**FACULTY OF HEALTH SCIENCES
SILIWANGI UNIVERSITY
TASIKMALAYA
NUTRITION STUDY PROGRAM
2024**

ABSTRACT

AANISAH DWI KUSTIANINGSIH

***THE RELATIONSHIP OF FEEDING COMPLEMENTARY FOOD WITH
NUTRITIONAL STATUS IN TODDLERS AGED 6-24 MONTHS (Observational
Study in Banyurasa Village, Sukahening District, Tasikmalaya Regency in 2024)***

Nutritional intake indicates optimal child growth and development and is closely related to intelligence and health. When a child is six months old, the quality of breast milk decreases, so it is necessary to provide nutritional intake for the child's growth period by providing MP-ASI. The research aims to analyze the relationship between complementary feeding and the nutritional status of toddlers aged 6-24 months in Banyurasa Village, Sukahening District, Tasikmalaya Regency in 2024. This research is observational research with a cross-sectional approach. The population in this study was 103 toddlers aged 6-24 months and the total sample was 56 people taken using proportional random sampling techniques. The data analysis technique uses the chi-square test. The research results show that there is a relationship between the type of MP-ASI (p-value = 0.050), the frequency of giving MP-ASI (p-value = 0.021, OR = 9,750), and the amount of MP-ASI (p-value = 0.022, OR = 10,957) with the nutritional status of toddlers aged 6 -24 months. There is no significant relationship between the initial age of giving MP-ASI (p-value = 0.992) and the texture of MP-ASI (p-value = 1.000) with the nutritional status of toddlers aged 6-24 months. This research concludes that there is a significant relationship between the type of MP-ASI, the frequency of giving MP-ASI, and the amount of MP-ASI with the nutritional status of toddlers aged 6-24 months. There is no significant relationship between the initial age of giving MP-ASI and the texture of MP-ASI and the nutritional status of toddlers aged 6-24 months. The suggestion from this research is that research respondents are expected to pay more attention to giving MP-ASI to toddlers according to the standards recommended by the Ministry of Health of the Republic of Indonesia and apply it in their daily lives.

Keywords: *Toddlers Aged 6-24 Month, Complementary Feeding, Nutritional Status*