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ABSTRAK

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**HUBUNGAN PENGETAHUAN, SIKAP DAN DUKUNGAN KELUARGA
DENGAN PRAKTIK IBU HAMIL MENGONSUMSI TABLET FE DI
PUSKESMAS SADANANYA KABUPATEN CIAMIS**

Peningkatan kejadian anemia pada ibu hamil masih terjadi di Kabupaten Ciamis pada tahun 2023. Praktik ibu hamil dalam mengonsumsi tablet Fe salah satu faktor terjadinya anemia pada ibu hamil. Tujuan penelitian ini adalah untuk menganalisis hubungan pengetahuan, sikap dan dukungan keluarga dengan praktik ibu hamil mengonsumsi tablet Fe di Puskesmas Sadananya Kabupaten Ciamis. Jenis penelitian ini merupakan penelitian kuantitatif dengan metode analitik dan desain penelitian *cross sectional*. Variabel bebas pada penelitian ini terdiri dari pengetahuan, sikap dan dukungan keluarga, serta variabel terikat adalah praktik ibu hamil mengonsumsi tablet Fe. Populasi dalam penelitian ini adalah ibu hamil trimester II dan trimester III di wilayah kerja Puskesmas Sadananya sebanyak 115 ibu hamil. Teknik sampling menggunakan metode *total sampling* sehingga besar sampel sebanyak 115 ibu hamil. Instrumen dalam penelitian menggunakan kuesioner. Teknik pengumpulan data dengan wawancara. Analisis data pada penelitian ini terdiri dari analisis univariat dan analisis bivariat dengan uji *chi-square*. Hasil penelitian menunjukkan terdapat hubungan antara pengetahuan ($p\text{-value} = 0,014$), sikap ($p\text{-value} = 0,004$), dan dukungan keluarga ($p\text{-value} = 0,019$) dengan praktik ibu hamil mengonsumsi tablet Fe. Dari hasil uji statistik didapatkan bahwa ada hubungan antara pengetahuan, sikap dan dukungan keluarga dengan praktik ibu hamil mengonsumsi tablet Fe di Puskesmas Sadananya Kabupaten Ciamis. Disarankan kepada tenaga kesehatan di Puskesmas Sadananya agar selalu memberikan informasi kepada ibu hamil, keluarga dan masyarakat secara rutin dan teratur mengenai konsumsi tablet Fe sehingga dapat mencegah dan menghindari kejadian anemia pada ibu hamil.

Kata Kunci : Pengetahuan, Sikap, Dukungan Keluarga, Praktik, Tablet Fe.

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ABSTRACT

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THE CORRELATION BETWEEN KNOWLEDGE, ATTITUDES AND FAMILY SUPPORT WITH THE PRACTICE OF PREGNANT WOMEN IN CONSUMING FE TABLETS AT THE SADANANYA HEALTH CENTER IN CIAMIS REGENCY

An increase in the incidence of anemia in pregnant women still occurs in Ciamis Regency in 2023. The practice of pregnant women in taking Fe tablets is one of the factors for anemia in pregnant women. The purpose of this study was to analyze the relationship between knowledge, attitudes and family support with the practice of pregnant women taking Fe tablets at the Sadananya Health Center, Ciamis Regency. This type of research was quantitative research with analytic methods and cross sectional research design. The independent variables in this study consisted of knowledge, attitudes and family support, and the dependent variable was the practice of pregnant women taking Fe tablets. The population in this study were second trimester and third trimester pregnant women in the Sadananya Health Center working area as many as 115 pregnant women. The sampling technique used the total sampling method so that the sample size was 115 pregnant women. The instrument in the study used a questionnaire. Data collection techniques by interview. Data analysis in this study consisted of univariate analysis and bivariate analysis with chi-square test. The results showed that there was a relationship between knowledge (p-value = 0.014), attitude (p-value = 0.004), and family support (p-value = 0.019) with the practice of pregnant women taking Fe tablets. From the statistical test results, it was found that there was a relationship between knowledge, attitude and family support with the practice of pregnant women taking Fe tablets at the Sadananya Health Center, Ciamis Regency. It is recommended to health workers at the Sadananya Health Center to always provide information to pregnant women, families and the community routinely and regularly regarding the consumption of Fe tablets so as to prevent and avoid the incidence of anemia in pregnant women.

Keywords: Knowledge, Attitude, Family Support, Practice, Fe Tablets.