

ABSTRACT

INDRIANA. 2024. **COMPARISON OF PHYSICAL FITNESS LEVELS OF MALE STUDENTS BETWEEN MI AND SDN IN MALE STUDENTS OF GRADE V MI AL-JUMHURIYAH I BAYONGBONG GARUT AND SDN 1 CIKEDOKAN BAYONGBONG GARUT.** Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The objective of this study was to compare the physical fitness levels of fifth-grade male students between MI and SDN. (A Descriptive Study on Fifth-Grade Male Students at MI Al-Jumhuriyah I and SDN 1 Cikedokan). The research method used was a descriptive quantitative approach with the 2010 Indonesian Physical Fitness Test (TKJJ). The population and sample in this study consisted of 15 male students from each school.

The statistical analysis showed that the t-table value was 2.05, while the calculated t-value was 1.55, which is smaller than the t-table value (2.05). Based on this result, the null hypothesis (H_0) was accepted. The hypothesis test using the t-test indicated that the calculated t-value was lower than the t-table value, meaning that there was no significant difference in the physical fitness levels of students from SDN 1 Cikedokan and MI Al-Jumhuriyah I. In other words, the physical fitness levels of fifth-grade male students from both schools were nearly the same. This suggests that factors such as teaching methods (curriculum), facilities, and lack of physical activity have a similar impact on their physical fitness levels.

Keywords: Physical Fitness Level, MI School, SDN School