ABSTRACT

FAISHAL FAKHRY GAFFAR. 2023. Efforts to Improve Learning Results for Lower Passing Skills in Volleyball Games Using Ball Modifications. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

In the process of learning the lower passing of the volleyball game in class IX H of SMP Negeri 4 Tasikmalaya, there are still many lower passing movements which the students do incorrectly, are afraid, and are not on target, if it is presented that 30% do it correctly, so there are still many students who do not meet the criteria. Minimum Completeness (KKM). The purpose of this study is as follow to find out wether the use of ball modifications can improve the learning outcomes of passing under volleyball in class IX H students of SMP Negeri 4 Tasikmalaya. The method used in this research is classroom action research. The results before the research was carried out, only 32,2% of the total met the KKM, then the authors carried out cycle 1 research with a total of 2 meetings, and the result was that the presentation of student completeness increased to 58%. However, these results did not meet the KKM, therefore a cycle 2 study was carried out with a total of 2 meetings and there were several changes and improvements in it, and after cycle 2 was carried out the result were that the learning outcomes of students increased to 87%. The research results from data processing can be concluded that the teaching and learning process using ball modifications can improve the learning outcomes of passing under volleyball.

Keywords: Learning Results, Bottom Passing, Ball Modifications