

ABSTRACT

RIDA ANDANI PUTRI. Efforts to improve the learning outcomes of shooting free throw basketballs through the jigsaw cooperative learning model. Department of physical education, Faculty of teacher training and education, Siliwangi University, Tasikmalaya. This study aims to determine whether the application of the jigsaw cooperative learning model to the improvement of learning outcomes of shooting free throws in basketball games in class XI IPS 4 students at SMA Negeri 10 Tasikmalaya Ciyt. The research method used was the Classroom Action Research (CAR) method which was carried out for 2 cycles where each cycle consisted of two meetings. The research object was class XI students and the subjects were class XI IPS 4 SMA Negeri 10 Tasikmalaya City with a total of 35 students consisting of 15 male students and 20 female students.

This research is a research in the learning process of shooting free throw by applying the jigsaw cooperative learning model. The research instrument used is to use the assessment rubric contained in the RPP. The results showed that there was an increase in learning outcomes for shooting free throws in basketball games for students in class XI IPS 4 Tasikmalaya City in the first cycle of 66% which is divided into two aspects of the assessment, namely the Cognitive aspect with a value of 68% and the Psychomotor aspects of the assessment of 65%. Continuing in cycle II with the results of the research showing a better improvement with an overall score of 80,4% which is divided into two aspects of the assessment, namely the cognitive aspect with a value of 82,65% and an assessment on the psychomotor aspect with a value of 78%, with the number of students who achieved the Minimum Completeness Criteria (KKM) of 30 students or equivalent to 85,7% in achieving the physical education learning process for shooting free throw material at SMA Negeri 10 Tasikmalaya City in the 2022/2023 Academic Year.

Keywords: *Learning, Cooperative Learning, Jigsaw, Shooting, free throw*

