

ABSTRACT

ABDULLAH YUSUF SYAHBANA PUTRA. 2023. *Application of Audio Visual Media on Learning Outcomes of Pencak Silat Kicks in Learning Physical Education Sports and Health (Classroom Action Research on Class VIII-D Students of SMP N 4 Tasikmalaya Semester II Academic Year 2022/2023). Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University Tasikmalaya.*

This study examines the effect of audio-visual media on improving learning outcomes of basic pencak silat kicking techniques in class VIII-D students at SMP N 4 Tasikmalaya. The research method used is Classroom Action Research (CAR) method conducted 2 cycles. The subjects of this study were VIII-D class students in the 2022/2023 school year totaling 31 students. This research is the learning process of basic kick pencak silat techniques using audio visual media. With instruments in the form of observations and tests that use the assessment rubric contained in the Learning Implementation Plan (RPP) which is intended to determine the value of the process. Based on the results of research and discussion that the learning outcomes of basic martial arts kick techniques after the application of audio-visual media to VIII-D class students in cycle I get an average score of 71.83 learning outcomes while in cycle II it increases to 82.02. The conclusions obtained based on the results of the discussion of the research results are as follows: Learning by applying audio visual media can improve the learning outcomes of basic martial arts kick techniques in class VIII-D SMP N 4 Tasikmalaya.

Keywords: *Audio Visual Media, Kick, Learning Outcomes, Pencak Silat*