

ABSTRAK

DASIRIH. 2022. **Kontribusi Fleksibilitas Panggul Dan Koordinasi Mata-kaki Terhadap hasil *Passing* Permainan Futsal.** Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi. Tasikmalaya.

Passing atau mengumpan merupakan salah satu teknik yang penting dikuasai oleh seorang pemain futsal. Dalam melakukan *Passing* yang baik ada beberapa faktor yang mempengaruhi salah satunya yaitu fleksibilitas panggul dan koordinasi mata-kaki. Hipotesis penelitian ini (1) Terdapat hubungan antara fleksibilitas panggul terhadap hasil *passing* pada permainan futsal (2) Terdapat hubungan antara fleksibilitas panggul Terhadap hasil *passing* pada permainan futsal (3) Terdapat hubungan antara fleksibilitas panggul dan koordinasi mata-kaki secara bersama-sama dengan ketepatan *Passing* pada permainan futsal. Jenis penelitian ini adalah deskriptif kuantitatif. Populasi dari penelitian ini adalah Unit Kegiatan Mahasiswa Pemain Futsal Putri Universitas Siliwangi berjumlah 42 orang dan sampel yang gunakan sebanyak 20 orang. Teknik sampling menggunakan purposive sampling. Berdasarkan pengolahan data dengan menggunakan uji statistik, ternyata secara empiris terdapat hubungan antara kontribusi fleksibilitas panggul dan koordinasi mata-kaki bersama-sama dengan teknik *Passing* pada permainan futsal Unit Kegiatan Mahaiswa (UKM) Pemain Futsal Putri Universitas Siliwangi dan hasil hipotesis Kurang diterima. Penelitian ini menekankan kurang pentingya kedua variabel tersebut terhadap *Passing* pada permainan futsal.

Kata Kunci : Futsal, Fleksibilitas Panggul,Koordinasi Mata-Kaki, *Passing*

ABSTRACT

DASIRIH. 2022. *The Contribution of Pelvic Flexibility and Ankle Coordination to the Results of Passing in Futsal Games*. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University. Tasikmalaya.

Passing or baiting is one of the techniques that is important to be mastered by a futsal player. In carrying out a good pass there are several factors that influence one of which is hip flexibility and eye-foot coordination. The hypotheses of this study (1) There is a relationship between hip flexibility and the result of passing in futsal games (2) There is a relationship between hip flexibility and the results of passing in futsal games (3) There is a relationship between hip flexibility and eye-foot coordination together with accuracy. Passing in futsal game. This type of research is descriptive quantitative. The population of this study was the Siliwangi University Women's Futsal Player Student Activity Unit, totaling 42 people and the sample used was 20 people. The sampling technique uses purposive sampling. Based on data processing using statistical tests, it turns out empirically that there is a relationship between the contribution of hip flexibility and ankle-foot coordination together with the passing technique in the student activity unit (UKM) futsal game for female futsal players at Siliwangi University and the results of the hypothesis are less accepted. This study emphasizes the lack of importance of these two variables on passing in futsal game.

Keywords: football, pelvic flexibility, eye-foot coordination, passing
