

## **ABSTRACT**

Abdul Gaos. 2021. The Impact target training has on shooting a football game. Faculty of physical education, faculty of teachery and education, Siliwangi Universit, Tasikmalaya.

This research is aimed at knowing the director of practice using a target aid against the shooting of a football game. The method in this study USES experimental methods designed for research in the shape of a one-group prepackaged posttest design, where this research. The research is done on members of the Margaharja football club clan Sukadana district Ciamis, with a population of 27. In this study taking samples by sample totaling 19 people. The instrument used in the study is the shooting/kicking test to target (shooting) at a distance of 16.5 meters. Research, data processing, data analysis and hypothetical application suggest that training using targeted tools is effective against shooting in a football game at the members of the united football club Margaharja district Sukadana regency Ciamis.

**Keyword:** target tool, shooting, football