

ABSTRAK

AKMAL MUHAMMAD AL-GHIFARIE.2022.**Upaya Meningkatkan Hasil Belajar *Passing* Bawah Bola Voli Melalui Model Pembelajaran *Problem based learning (PBL)***. Jurusan Pendidikan Jasmanai, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Tujuan penelitian ini adalah untuk mengetahui peningkatan hasil belajar *passing* bawah bola voli melalui model pembelajaran *Problem based learning (PBL)* pada siswa kelas VII G SMPN 9 Tasikmalaya. Penelitian ini menggunakan model Penelitian Tindakan Kelas (PTK) dilakukan 2 siklus. Subjek penelitian siswa kelas VII G SMPN 9 Tasikmalaya jumlah laki-laki 18 dan perempuan 14 objek penelitian ini adalah proses pembelajaran *passing* bawah bola voli melalui model pembelajaran *Problem based learning (PBL)*. Instrumen penelitian menerapkan tes observasi dan tes untuk kerja. Hasil penelitian menunjukkan terdapat peningkatan hasil belajar *passing* bawah bola voli siswa kelas VII G SMPN 9 Tasikmalaya dengan menerapkan model pembelajaran *Problem based learning (PBL)*. Setelah dilakukan 2 siklus hasilnya sebesar 87,5% siswa diatas Kriteria Ketuntasan Minimum (KKM) sehingga terbukti dapat meningkatkan keterampilan *passing* bawah.

Kata Kunci : Belajar, Model *Problem based learning*, *Passing* Bawah.

ABSTRACT

AKMAL MUHAMMAD AL-GHIFARIE.2022. *Efforts to improve learning outcomes lower pass volleyball through learning Model Problem based learning (PBL). Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.*

The purpose of this study was to determine the improvement of learning outcomes lower pass volleyball through learning model Problem based learning (PBL) in class VII G SMPN 9 Tasikmalaya. This study uses a Class Action Research model (CAR) conducted in 2 cycles. The subject of research is students in Class VII G SMPN 9 Tasikmalaya number of men 18 and women 14 the object of this study is the process of learning lower pass volleyball through the learning model Problem based learning (PBL) research instruments apply observation tests and tests for work. The results showed there was an increase in learning outcomes lower pass volleyball Class VII G SMPN 9 Tasikmalaya by applying the learning model Problem based learning (PBL). After 2 cycles the result is 87.5% of students above the minimum completion criteria (KKM) which is proven to improve lower passing skills.

Keywords: *Learning, Model Problem based learning, Lower pass.*