

**INVESTIGATING TEACHER'S EMOTION REGULATION
STRATEGIES USED DURING TEACHING IN A TECHNICAL
VOCATIONAL SCHOOL CONTEXT**

A THESIS

Submitted to Fulfill the Requirements of *Sarjana Pendidikan* Degree
at English Education Department of Faculty of Educational Sciences and
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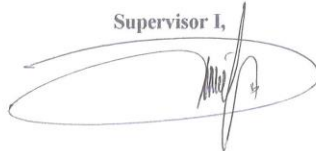
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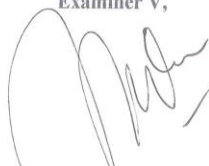
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PERNYATAAN

Dengan ini menyatakan bahwa skripsi saya yang berjudul "*Investigating Teacher's Emotion Regulation Strategies Used During Teaching in A Technical Vocational School Context*" beserta seluruh isinya adalah sepenuhnya karya saya sendiri, dan saya tidak melaksanakan penjiplakan atau pengutipan dengan cara-cara yang tidak sesuai dengan etika keilmuan. Atas pernyataan ini saya siap menanggung konsekuensi atau sanksi terhadap etika keilmuan atau ada klaim dari pihak lain terhadap keaslian skripsi ini.

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ABSTRAK

SENI AYUNI TRI ASTUTI, 2019. *Investigating Teacher's Emotion Regulation Strategies Used during Teaching in A Technical Vocational School Context.* Pendidikan Bahasa Inggris. Fakultas Keguruan dan Ilmu Pendidikan (FKIP). Universitas Siliwangi. Tasikmalaya.

Kenakalan siswa sekolah menengah kejuruan telah menjadi fenomena yang meluas dalam beberapa dekade terakhir. Oleh karena itu, dibutuhkan strategi-strategi pengaturan emosi guru yang digunakan dalam menghadapi siswa ketika mengajar. Selain itu, pengaturan emosi juga dapat berpengaruh terhadap manajemen kelas dan hubungan antara siswa dan guru. Penelitian ini menyelidiki strategi pengaturan emosi yang digunakan oleh guru ketika mengajar di salah satu SMK Negeri di Indonesia. *Descriptive Case Study* digunakan sebagai desain penelitian ini dan data dikumpulkan dengan melakukan wawancara yang bersifat *semi structured*. Kemudian, semua data dianalisis secara tematik. Hasil penelitian ini menunjukkan strategi pengaturan emosi yang digunakan guru selama mengajar bahasa Inggris meliputi (1) *situation selection*, (2) *situation modification*, (3) *attention deployment*, (4) *suppression* berdasarkan Gross's model. Modifikasi situasi lebih efektif dalam meningkatkan ekspresi positif dan menurunkan ekspresi negatif untuk mengatasi perilaku siswa selama mengajar. Temuan ini mempunyai bahan refleksi untuk guru dalam mengatur emosi selama mengajar.

Kata Kunci: Emosi guru, strategi pengaturan emosi guru, manajemen kelas

PREFACE

All praises and thanks are due to Allah Subhaanahuwata'aala for his blessing and mercy that I can finally finish my thesis entitled “**Teacher’s Emotion Regulation Strategies used during Teaching in A Technical Vocational School Context**”. It is submitted to fulfill the requirement for Sarjana Pendidikan degree at English Education Department of Faculty of Educational Sciences and Teachers’ Training, Siliwangi University, Tasikmalaya.

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3. *Arini Nurul Hidayati, S.Pd., M.Pd.*, as the second supervisor who has given suggestion and guidance in writing this thesis;
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5. All people who have helped and supported me to finish this thesis.

I realize that this thesis is still far from being perfect. Therefore, I will greatly receive suggestions and criticism from the readers to improve towards my writing. Finally, I hope this thesis will be useful for me and the readers.

Tasikmalaya, September 2019

The Writer

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The Writer

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