

ABSTRAK

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FAKTOR – FAKTOR YANG BERHUBUNGAN DENGAN PARTISIPASI LANSIA PENDERITA HIPERTENSI DALAM MENGIKUTI KEGIATAN POSBINDU DI WILAYAH KERJA PUSKESMAS MANGKUBUMI KOTA TASIKMALAYA

Penyakit hipertensi menjadi masalah kesehatan global terutama pada lansia dan merupakan salah satu penyakit tidak menular yang prevalensinya terus meningkat di Indonesia. Kasus tertinggi penderita hipertensi pada tahun 2023 di kota Tasikmalaya berada di wilayah Puskesmas Mangkubumi. Salah satu upaya yang dilakukan pemerintah untuk mencegah peningkatan hipertensi adalah Posbindu. Namun masih rendahnya angka partisipasi lansia penderita hipertensi yang aktif berpartisipasi dalam mengikuti kegiatan posbindu. Hal ini dapat menimbulkan permasalahan yang serius bagi kesejahteraan lansia. Tujuan umum dari penelitian ini adalah untuk mengetahui faktor-faktor yang berhubungan dengan partisipasi lansia penderita hipertensi dalam mengikuti kegiatan posbindu. Penelitian ini merupakan penelitian kuantitatif dengan desain *cross-sectional*. Sampel dalam penelitian ini sebanyak 145 lansia penderita hipertensi yang terdaftar di Posbindu wilayah Puskesmas Mangkubumi. Teknik sampling yang digunakan dalam penelitian ini adalah teknik *Total Sampling*. Data dikumpulkan melalui kuesioner, serta dianalisis menggunakan uji *chi-square* untuk melihat hubungan antara variabel-variabel yang diteliti. Berdasarkan hasil penelitian menunjukkan terdapat hubungan antara pengetahuan lansia dengan partisipasi lansia penderita hipertensi dalam mengikuti kegiatan posbindu di wilayah kerja Puskesmas Mangkubumi dengan nilai *p-value* = 0,001, Tidak terdapat hubungan antara sikap lansia dengan partisipasi lansia penderita hipertensi dalam mengikuti kegiatan posbindu di wilayah kerja Puskesmas Mangkubumi dengan nilai *p-value* = 0,269, Terdapat hubungan antara dukungan keluarga dengan partisipasi lansia penderita hipertensi dalam mengikuti kegiatan posbindu di wilayah kerja Puskesmas Mangkubumi dengan nilai *p-value* = 0,000, Terdapat hubungan antara dukungan kader dengan partisipasi lansia penderita hipertensi dalam mengikuti kegiatan posbindu di wilayah kerja Puskesmas Mangkubumi dengan nilai *p-value* = 0,040.

Kata Kunci : Hipertensi, Posbindu, Partisipasi, Lansia

ABSTRACT

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FACTORS ASSOCIATED WITH THE PARTICIPATION OF ELDERLY PEOPLE WITH HYPERTENSION IN PARTICIPATING IN POSBINDU ACTIVITIES IN THE WORKING AREA OF THE MANGKUBUMI HEALTH CENTER, TASIKMALAYA CITY

Hypertension has become a global health issue especially among the elderly and is one of the non-communicable diseases whose prevalence continues to increase in Indonesia. The highest cases of hypertension patients in 2023 in Tasikmalaya city were in the Mangkubumi Health Center area. One of the efforts made by the government to prevent the increase in hypertension is Posbindu. However, the participation rate of elderly people with hypertension who actively participate in Posbindu activities is still low. This can cause serious problems for the welfare of the elderly. The general purpose of this study was to determine the factors associated with the participation of elderly people with hypertension in participating in Posbindu activities. This study is a quantitative study with a cross-sectional design. The sample in this study were 145 elderly people with hypertension who were registered at Posbindu in the Mangkubumi Health Center area. The sampling technique used in this study was the Total Sampling. Data were collected through questionnaires, and analyzed using the chi-square test to see the relationship between the variables studied. Based on the results of the study, it shows that there is a relationship between the knowledge of the elderly and the participation of elderly people with hypertension in participating in posbindu activities in the work area of the Mangkubumi Health Center with a p-value = 0.001, There is no relationship between the attitude of the elderly and the participation of elderly people with hypertension in participating in posbindu activities in the work area of the Mangkubumi Health Center with a p-value = 0,269, There is a relationship between family support and the participation of elderly people with hypertension in participating in posbindu activities in the Mangkubumi Health Center working area with a p-value = 0.000, There is a relationship between cadre support and the participation of elderly people with hypertension in participating in posbindu activities in the Mangkubumi Health Center working area with a p-value = 0.040.

Key Words : Hypertension, Posbindu, Participation, Elderly