

ABSTRAK

FAHMI AINUN NAJIB 2023. **Upaya Meningkatkan Hasil Belajar *PASSING ATAS Bola Voli Melalui Model Pembelajaran *Problem Based Learning****. Jurusan Pendidikan Jasmanai, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Tujuan penelitian ini adalah untuk mengetahui peningkatan hasil belajar *passing* atas bola voli melalui model pembelajaran *Problem Based Learning* pada siswa kelas VIII SMP Al-Mukrom Bojonggambir. Penelitian ini menggunakan model Penelitian Tindakan Kelas (PTK) dilakukan 2 siklus. Subjek penelitian siswa kelas VIII SMP Al-Mukrom Bojonggambir jumlah laki-laki 10 dan perempuan 7. Objek penelitian ini adalah proses pembelajaran *Passing* atas bola voli melalui model pembelajaran *Problem Based Learning*. Instrumen penelitian menerapkan tes observasi dan tes untuk kerja. Hasil penelitian menunjukkan terdapat peningkatan hasil belajar *passing* atas bola voli siswa kelas VIII SMP Al-Mukrom Bojonggambir dengan menerapkan model pembelajaran *Problem Based Learning*. Hasilnya sebesar 89% siswa diatas Kriteria Ketuntasan Minimum (KKM) sebesar 73 sehingga terbukti dapat meningkatkan keterampilan *passing* atas pada siswa kelas VIII SMP Al-Mukrom Bojonggambir

Kata Kunci: Belajar, Model *Problem Based Learning*, *Passing* Atas.

ABSTRACT

FAHMI AINUN NAJIB.2022. *Efforts to improve learning outcomes overhead pass volley ball through learning Model Problem Based Learning. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.*

The purpose of this study was to determine the improvement of learning outcomes overhead pass volleyball through learning model Problem Based Learning in class VIII SMP Al-Mukrom Bojonggambir. This study uses a Class Action Research model (CAR) conducted in 2 cycles. The subject of research is students in Class VIII SMP Al-Mukrom Bojonggambir number of men 10 and women 7 the object of this study is the process of learning overhead pass volleyball through the learning model Problem Based Learning research instruments apply observation tests and tests for work. The results showed there was an increase in learning outcomes overhead pass volleyball Class VIII SMP Al-Mukrom Bojonggambir by applying the learning model Problem Based Learning (PBL). The result is 89% of students above the minimum completion criteria (KKM) of 73 which is proven to improve overhead pass skills.

Keywords: *Learning, Model Problem Based Learning, Set up.*