

ABSTRAK

ANGGA FAUZAN. 2024. **Upaya Meningkatkan Hasil Belajar *Passing* bawah Bola Voli Melalui Model *Problem based learning***. Jurusan Pendidikan Jasmani, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Tujuan penelitian ini adalah untuk mengetahui peningkatan hasil belajar *passing* bawah pada permainan bola voli melalui model *problem based learning* pada siswa kelas VII-B SMP 1 Sodonghilir. Penelitian ini menggunakan model Penelitian Tindakan Kelas (PTK) dilakukan 2 siklus. Subjek penelitian siswa kelas VII-B SMP Negeri 1 Sodonghilir jumlah laki laki 15 dan perempuan 17 siswa, objek penelitian ini adalah proses pembelajaran *passing* bawah pada permainan bola voli melalui model *Problem based learning*. Instrumen penelitian menerapkan tes observasi dan tes unjuk kerja menggunakan rubrik penilaian yang terdapat pada Modul Ajar dimaksudkan untuk mengetahui nilai proses. Hasil penelitian menunjukkan terdapat peningkatan hasil belajar *passing* bawah permainan bola voli melalui model *problem based learning* pada siswa kelas VII-B SMP Negeri 1 Sodonghilir. Setelah penerapan model *problem based learning* siswa kelas VII-B dilakukan dengan 2 siklus hasilnya sebesar 81,25 diatas Kriteria Ketuntasan Tujuan Pembelajaran (KKTP) yaitu 75. Dapat disimpulkan bahwa proses pembelajaran melalui model *problem based learning* terbukti dapat meningkatkan hasil belajar teknik dasar *passing* bawah permainan bola voli di kelas VII-B SMP Negeri 1 Sodonghilir.

Kata Kunci : Hasil Belajar, *Passing* bawah, Permainan Bola Voli, *Problem based learning*

ABSTRACT

ANGGA FAUZAN. 2024. *Efforts to Improve Learning Outcomes of Volleyball Lower Passing Through Problem based learning Model. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.*

The purpose of this study was to determine the improvement of learning outcomes of lower passing in volleyball games through a problem-based learning model for VII-B class students of SMP 1 Sodonghilir. This study used a Classroom Action Research (PTK) model conducted in 2 cycles. The research subjects were students of class VII-B SMP Negeri 1 Sodonghilir, the number of men 15 and women 17 students, the object of this research was the learning process of lower passing in volleyball games through the Problem based learning model. The research instrument applies observation tests and performance tests using the assessment rubric contained in the Teaching Module intended to determine the value of the process. The results showed that there was an increase in the learning outcomes of passing down volleyball games through the problem-based learning model for VII-B class students at SMP Negeri 1 Sodonghilir. After the application of the problem-based learning model for class VII-B students was carried out with 2 cycles the result was 81.25 above the Criteria for Completeness of Learning Objectives (KKTP) which is 75. It can be concluded that the learning process through the problem-based learning model is proven to be able to improve the learning outcomes of basic techniques for passing over volleyball games in class VII-B SMP 1 Sodonghiir.

Keywords: *Learning Outcomes, Lower Passing, Problem based learning, Volleyball Game*