

TABLE OF CONTENT

APPROVAL SHEET

APPROVAL SHEET

PERNYATAAN

ABSTRACT

ABSTRAK

PREFACE	i
ACKNOWLEDGEMENT	ii
TABLE OF CONTENT	iv
LIST OF TABLES	vii
LIST OF PICTURES	viii
LIST OF ENCLOSURES	ix
CHAPTER 1 INTRODUCTION	1
1.1. Background of the Study.....	1
1.2. Formulation of the Problems.....	3
1.3. Operational Definitions.....	3
1.3.1. High Social Anxious.....	3
1.3.2. Language Learning Strategies.....	3
1.4. Aims of the Research.....	3
1.5. Significances of the Research.....	3
CHAPTER 2 LITERATURE REVIEW	4
2.1 Theoretical Framework.....	4
2.1.1. Definition of Anxiety.....	4
2.1.2. Types of Anxiety.....	4
2.1.2.1. Generalized Anxiety Disorder.....	5
2.1.2.2. Panic Disorder.....	6
2.1.2.3. Social Anxiety.....	6

2.1.2.4. Specific Phobias	7
2.1.2.5. Separation Anxiety Disorder	8
2.1.2.6. Post-Traumatic Stress Disorder (PTSD)	8
2.1.2.7. Obsessive Compulsive Disorder (OCD)	9
2.1.3. Levels of Anxiety	10
2.2. Definition of Learning Strategies	12
2.3. Kinds of Learning Strategies	12
2.3.2. Direct Strategies	12
2.3.2.1. Memory Strategies	12
2.3.2.2. Cognitive Strategies	13
2.3.2.3. Compensation Strategies	14
2.3.3. Indirect Strategies	15
2.3.3.1. Metacognitive Strategies	15
2.3.3.2. Affective Strategies	16
2.3.3.3. Social Strategies	17
2.4. English Proficiency	17
2.5. Intrinsic Motivation	18
2.6. Study of Relevant Research	19
CHAPTER 3 RESEARCH METHOD.....	20
3.1 Research Design	20
3.2 Research Setting and Participant	21
3.3 Data Collections	21
3.3.1 In-depth Interview	21
3.3.2. Procedures of Interview	22
3.4 Data Analysis	22
3.5 Steps of the Research	23
3.6 The Research Schedule	24
CHAPTER 4 RESEARCH RESULT AND DISCUSSION.....	26
4.1. Abstract: I experienced anxiety during my language learning process.....	26
4.2. Orientation: My curiosity began in that room.....	28
4.3 Complicating Action: My anxiety makes me uncomfortable with myself	29

4.4. Evaluation: Finally, I knew how to overcome that anxiety and learn English with on my way.....	31
4.5. Result of Resolution: I enjoy with the learning process and with all its challenges.....	41
4.6. Coda: It turns out that I can.....	42
CHAPTER 5 CONCLUSION AND SUGGESTION	47
5.1. Conclusion.....	47
5.2. Suggestions and limitations	48
REFERENCES	49