

## ABSTRAK

ALGI RENALDI. 2024. **PENGARUH METODE *SMALL SIDE GAMES* TERHADAP KETEPATAN *PASSING KAKI* BAGIAN DALAM PERMAINAN SEPAKBOLA SISWA SSB PERSIBARA JUNIOR U-10.** Jurusan Pendidikan Jasmani, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Siliwangi, Tasikmalaya.

Kemampuan teknis dalam sepak bola, seperti ketepatan passing, memiliki peran penting dalam keberhasilan tim. Namun, dalam konteks pengembangan pemain sepak bola muda, perhatian terhadap latihan yang efektif untuk meningkatkan kemampuan tersebut sangatlah penting. Adapun hasil wawancara penulis dengan pelatih SSB Persibara yang menyatakan bahwa seringkali pemain melakukan kesalahan dalam passing sehingga bola mudah di rebut oleh pemain lawan, dan siswa kerap merasa jenuh terhadap metode latihan karena latihan fisik yang di berikan pelatih dan kurangnya variasi metode latihan. Tujuan penelitian ini adalah untuk mengetahui pengaruh dari latihan metode *small side games* terhadap ketepatan *passing* SSB Persibara Junior U-10. Penelitian ini menggunakan rancangan *One Group Pre-test Post-test Design*, Dengan melakukan Pre-test, Pemberian Perlakuan, Post-Test. Populasi penelitian berjumlah 30 orang dan Sampel penelitian sebanyak 20 orang yang kemudian dikategorikan kedalam 1 kelompok eksperimen. *Pretest* dilaksanakan diawal untuk mendapatkan hasil sebelum diterapkan *treatment*. *Pretest* dilakukan dengan menguji siswa melakukan tes ketepatan *passing*. Selanjutnya, diberikan *treatment* metode *small side games* yang diberikan dalam 16 kali pertemuan. Setelah itu diberikan *posttest* untuk mengetahui hasil akhir setelah diberikan *treatment*. Analisis data dilakukan dengan uji normalitas, uji homogenitas, dan uji-t diolah menggunakan program *software IBM SPSS Statistics 22 for Windows* dengan taraf signifikan 0,05. Hasil penelitian bahwa nilai yang diperoleh menunjukkan nilai dengan signifikan 0,001 pada uji t. Sedangkan uji normalitas menunjukkan hasil normal dan uji homogenitas dengan signifikan 0,429 > 0,05. Sehingga dapat disimpulkan bahwa terdapat pengaruh yang berarti dari latihan metode *small side games* terhadap ketepatan *passing* SSB Persibara Junior U-10.

Kata Kunci : Sepak Bola, Ketepatan *Passing*, *Small Side Games*.

## **ABSTRACT**

**ALGI RENALDI. 2024. THE EFFECT OF SMALL-SIDED GAMES METHOD ON THE ACCURACY OF INSIDE FOOT PASSING IN SOCCER PLAYERS OF SSB PERSIBARA JUNIOR U-10. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.**

Technical skills in soccer, such as passing accuracy, play an important role in the success of a team. However, in the context of developing young soccer players, attention to effective training to enhance these skills is crucial. Based on the author's interview with the coach of SSB Persibara, it was found that players often make mistakes in passing, making the ball easy to intercept by opponents. Additionally, students often feel bored with the training methods due to the physical training provided by the coach and the lack of variety in training methods. The purpose of this study is to determine the effect of small-side games training on the passing accuracy of SSB Persibara Junior U-10. This study uses a One Group Pre-test Post-test Design, conducting a pre-test, providing treatment, and post-test. The population of the study is 30 people, and the sample is 20 people categorized into one experimental group. The pre-test was conducted initially to obtain results before the treatment was applied. The pre-test involved testing the students' passing accuracy. Next, the small-side games method treatment was given in 16 sessions. After that, a post-test was conducted to determine the final results after the treatment. Data analysis was performed with normality test, homogeneity test, and t-test processed using IBM SPSS Statistics 22 software for Windows with a significance level of 0.05. The results showed a significant value of 0.001 in the t-test. The normality test results were normal, and the homogeneity test showed a significance of  $0.429 > 0.05$ . Therefore, it can be concluded that there is a significant effect of the small-sided games training method on the passing accuracy of SSB Persibara Junior U-10.

**Keywords: Soccer, Passing Accuracy, Small-Sided Games.**