

## **ABSTRACT**

*Tasya Tresnasih. 2024. POSYANDU COACHING PROCESS IN IMPROVING THE QUALITY OF LIFE OF THE ELDERLY (A STUDY IN POSYANDU LANSIA MURAI II DESA ARJASARI KECAMATAN LEUWISARI KABUPATEN TASIKMALAYA). Departement of Community Education. Faculty of Teacher Training and Education. Universitas Siliwangi. Tasikmalaya.*

*Posyandu Lansia Murai II, located in Arjasari Village, Leuwisari District has special problems, as well as the need for elderly community development to maximize elderly health. To anticipate the problems of the elderly, what needs to be prepared from now on is how to prepare the elderly in terms of health. To build these facilities, the role of the elderly posyandu is very much needed. One of the efforts that can be used to accommodate the elderly community is through the elderly posyandu. The purpose of this study is to determine and describe the role of elderly posyandu cadres in improving the quality of life of the elderly. The method used in this research is a case study with data collection through interviews, observation and documentation. The results showed that in improving the quality of life of the elderly cadres spearheaded an activity that could be pursued with various activities carried out through activities consisting of activities in the form of data collection of elderly problems, intense activities to improve the health of the elderly in the form of health counseling and elderly gymnastics, and assistance to the elderly. the implementation of posyandu activities is carried out starting from elderly cadres preparing activities, accompanying the elderly in examinations conducted by health workers. Services carried out by elderly cadres by providing promotive and preventive services can improve the quality of life of the elderly.*

**Keywords:** *The role of cadres, Posyandu for the elderly, quality of life of the elderly.*