

## ABSTRACT

Febi Nofianti. 2024. **“LEVEL OF WORK PARTICIPANTS' SATISFACTION WITH THE IMPLEMENTATION OF MENTAL DISCIPLINE PHYSICAL TRAINING” (STUDY AT THE UPTD BLK, TASIKMALAYA DISTRICT).**

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*The quality of good training implementation needs to be evaluated or measured properly, so that the training activities carried out provide optimal benefits. To measure the quality of physical and mental discipline training, namely by measuring the level of satisfaction of the training participants. This research aims to see the level of satisfaction of training participants with the implementation of the physical and mental discipline training they received at the UPTD BLK Tasikmalaya Regency. The research method used in this research is descriptive quantitative. The sampling technique in this research was by using a saturated sampling technique so that the entire population was sampled, totaling 31 people. In this study, a Likert scale was used with the categories Very Satisfied (VS), Satisfied (S), Quite Satisfied (QS), Not Satisfied (NS) and Very Dissatisfied (VD). The results of the descriptive analysis show that the implementation of this physical and mental discipline training is good and the satisfaction level of the training participants is in the satisfied category, seen from the mean or average value with a total of 142 which are included in the satisfied category with the largest percentage being 32.3% which amounts to 10 people. The highest percentage of satisfaction is in the indicator of satisfaction with training instructors with a percentage of 48.4% in the very satisfied category. Meanwhile, the lowest satisfaction was satisfaction with the training method with a percentage of 35.5% in the quite satisfied category. In conclusion, the satisfaction level of training participants is included in the satisfied category, which indicates that the quality of the training implementation is good, BLK needs to maintain this good physical and mental discipline training.*