ABSTRACT

FIKRAN MUHAMMAD FASYA. 2023. Contribution of Physical Fitnes and Learning Motivation to Learning Outcomes of Physical Sport and Health Education at Al-muttaqin Junior High School. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The problem raised in this study is whether there is a significant contribution of Physical Fitnes and Learning Motivation to Learning Outcomes of Physical Sport and Health Educatiom at Al-muttaqin Junior High School. The purpose of this study was to determine whether or not the contribution of Physical Fitnes and Learning Motivation to Learning Outcomes of Physical Sport and Health Educatiom in class VII at Al-muttaqin Junior High School Tasikmalaya City. The sampling technique used random sampling of 30 people. Based on the results of data processing with statistical test, it's was found that empirically there it can be concluded that there is a significant contribution of Physical Fitnes and Learning Motivation to Learning Outcomes of Physical Sport and Health Educatiom in class VII at Al-muttaqin Junior High School Tasikmalaya City the results of the hypothesis are accepted.

Keywords : learning motivation, learning outcomes, physical fitness