

ABSTRAK

ILHAM FAUZI SETIAWAN, 2023. KORELASI KOORDINASI MATA DAN KAKI DENGAN KETERAMPILAN *DRIBBLING* PADA ATLET *INDOCAR FUTSAL CLUB* KECAMATAN CIPEDES KOTA TASIKMALAYA. Jurusan Pendidikan Jasmani. Fakultas Keguruan dan Ilmu Pendidikan. Universitas Siliwangi.

Futsal merupakan salah satu cabang olahraga permmmainan yang sudah banyak penggemarnya. Masyarakat sempat terhenti baik latihan maupun kejuaraan pada saat pandemi Covid 19 melanda dunia termasuk Indonesia hingga tahun 2021. Ketika Pandemi berakhir, masyarakat kembali melakukan aktifitas oLahraga futsal baik untuk hburan atau utuk restasi termasuk klub-klub futsal yang ada di Kota TasikmaLaya. Untuk memiliki prestasi Futsal diperlukan latihan fisik, teknik, taktik dan mental secara rutin dan teratur mengikuti prinsip-prinsip latihan. Salah satu kondisi fisik yang diperlukan dalam permainan futsal adalah Koordinasi Mata dan kaki dan Keterampilan *Dribbling*. Tujuan peneitian ini untuk mengetahui Korelasi Koordinasi Mata dan kaki dengan Keterampilan *Dribbling* pada atlet *Indocar Futsal Club* Kecamatan Cipedes Kota Tasikmalaya. Metode penelitian yang digunakan adalah Metode Deskriptif Korelasional dengan Populasi dan sampel sebanyak 20 atlet *Indocar Futsal Club* yang sudah sering mengikuti kejuaraan. Hasil penelitian menunjukkan bahwa Koordinasi mata dan kaki mempunyai hubungan yang berarti dengan keterampilan *dribbling*, nilai korelasinya adalah 0.71 dan termasuk kategori kuat atau tinggi. Penulis menyarankan kepada pelatih dan atlet agar selalu dilatih kondisi fisik khususnya koordinasi mata dan kaki selain latihan fisik lainnya untuk meningkatkan keerampilan *dribbling* pemain Futsal.

Kata Kunci: Korelasi, Koordinasi mata dan kaki, keterampilan *dribbling*, Futsal

ABSTRACTS

ILHAM FAUZI SETIAWAN, 2023. *CORRELATION OF EYE AND FOOT COORDINATION WITH DRIBBLING SKILLS IN INDOCAR FUTSAL CLUB ATHLETES, CIPEDES SUB-DISTRICT, TASIKMALAYA CITY*. Department of Physical Education. Faculty of Teaching and Education. Siliwangi University.

Futsal is one of the sports games that has a lot of fans. The community had stopped both training and championships when the Covid 19 pandemic hit the world including Indonesia until 2021. When the Pandemic ended, the community returned to doing futsal sports activities either for entertainment or for rest including futsal clubs in Tasikmalaya City. To have Futsal achievements, regular and regular physical, technical, tactical and mental training is needed following the principles of training. One of the physical conditions needed in the game of futsal is Eye and Foot Coordination and Dribbling Skills. The purpose of this study was to determine the Correlation of Eye and Foot Coordination with Dribbling Skills in Indocar Futsal Club athletes, Cipedes District, Tasikmalaya City. The research method used was the Correlational Descriptive Method with a population and sample of 20 Indocar Futsal Club athletes who had often participated in championships. The results showed that eye and foot coordination had a significant relationship with dribbling skills, the correlation value was 0.71 and included in the strong or high category. The author advises coaches and athletes to always train their physical condition, especially eye and foot coordination in addition to other physical exercises to improve the dribbling skills of Futsal players.

Keywords: *Correlation, eye and foot coordination, dribbling skills, futsal*