

## **ABSTRACT**

**MUHAEMIN ISKANDAR, 2023. *Efforts to Improve Student Learning Outcomes on Instep Passing Material in Football Games Through the Reciprocal Method, for class IX E students at SMP Negeri 7 Kota Tasikmalaya. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University. Tasikmalaya.***

*The aim of this research is to determine the results of learning the instep passing technique for football using the reciprocal method in class IX E students at Tasikmalaya State Junior High School (SMP) 7. The research method used in this research is the classroom action research method, which was carried out in 2 cycles. The objects of the research were 22 students in class IX E of SMP Negeri 7 Tasikmalaya City in one class with 13 male students and 9 female students. Based on the results of research, data processing, data analysis and hypothesis testing, overall during the pre-cycle the percentage of success was 45.45% or around 10 people only, during the first cycle there was an increase of 68.18% and during the second cycle there was an increase amounting to 81.81%. Based on the findings of this research, it can be concluded that the use of the reciprocal method improves the learning outcomes of passing on the instep of soccer students in class IX E of SMP Negeri 7 Tasikmalaya.*

*Keywords: Football, Instep Passing, Reciprocal Method*