

ABSTRACT

FARID MAULANA JAYSURAHMAN. 2023. *Physical Fitness Profile of Physical Education Students at Siliwangi University*, Department of Physical Education, Faculty of Teacher Training and Education. Siliwangi University. Tasikmalaya.

The problem raised in this research is how to classify the physical fitness of Physical Education Students at Siliwangi Tasikmalaya University. The aim of this research is to determine the physical fitness classification of Siliwangi University Physical Education Students. The research method used is a descriptive quantitative survey method. Based on the results of research, data processing, data analysis and hypothesis testing, it is known that the physical fitness of Siliwangi University Physical Education Students is included in the Medium classification, with a percentage of 24 people 9% included in the Good classification, 160 people 59% included in the Medium classification, and 86 people 38.0% were classified as Less. 1 person 0% is included in the Very Less classification.

Keywords: *Physical Fitness*