

ABSTRACT

RAFLI ALMUZAKKI. 2023. “STUDENTS’ STRATEGIES TO OVERCOME PUBLIC SPEAKING ANXIETY: A CASE STUDY”. English Education Department, Faculty of Educational Sciences and Teachers’ Training, Siliwangi University, Tasikmalaya.

This study aims to find out the strategies to overcome public speaking anxiety in public speaking classes. In public speaking class, students always find out how to cope with their speaking anxiety. Students need strategies to cope with their anxiety in public speaking class. This study involved three students at the English Education Department of a university in Tasikmalaya, West Java, Indonesia. This research used qualitative research and a descriptive case study design, and the data collection method used was a semi-structured interview. The data were analyzed using data analysis by Miles, Huberman, & Saldaña, (2014). The research findings show that there are four themes: (1) Preparation, (2) Relaxation, (3) Positive thinking, and (4) Peer seeking. The findings of this research describe the way the students cope with their speaking anxiety, which used several methods based on the themes and helped the students reduce their anxiety feeling. Therefore, the result of the research can provide empirical evidence and serve as a reference for students, lecturers, and all English teachers.

Keywords: Students’ Strategies, Speaking Anxiety, Public Speaking, EFL Students