

**ABSTRACT**

**THE EFFECT OF JOB RESOURCES AND JOB STRESS ON EMPLOYEE WELL-BEING**

*(Case Study on BPJS Kesehatan Tasikmalaya Branch Office Staff)*

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*The purpose of this study was to determine the magnitude of the influence of Job Resources and Work Stress on the Well-Being of employees in BPJS Kesehatan Tasikmalaya Branch Office Staff. The research method used is the survey method. The study sample taken was 65 people. Data collection techniques used for primary data through questionnaires and interviews, secondary data obtained from literature reviews and other relevant parties. The data analysis tool used is path analysis. The results showed that: (1) Job Resources had a significant positive effect on employee well-being, (2) work stress had a significant positive effect on employee well-being, (3) Job resources and work stress had a significant positive effect on employee well-being.*

**Keywords:** *Job resources, job stress, employee well-being*