ABSTRACT

INDRA PERMADI 2023. The Effect of Accuracy Training on Long Passing Accuracy at Tunas Harapan Football School 16 Years Old (Experiment on athletes at the Tunas Harapan Football School, 16 Years Old).. Department of Physical Education, Faculty of Teacher Training and Education, Siliwangi University, Tasikmalaya.

The aim of this research is to determine the effect of accuracy training on long passing accuracy at Tunas Harapan Football School, 16 Years Old. The research method used is an experimental approach, namely One-Group Pretest-Posttest and the research instrument is an initial test and a final test in the form of application. long passing accuracy at Tunas Harapan Football School aged 16 years. The population in this study were athletes from the Tunas Harapan Football School using a purposive sampling technique (purposeful sampling) of 20 athletes aged 16 years. Based on the results of data processing using statistical tests using the normality test, homogeneity test, hypothesis testing using the difference between two means and one-party tests, it can be obtained that t_{count} (3.84) is greater than t_{table} (1.73). This means that the t'_{count} is beyond acceptance. The null hypothesis (Ho) is rejected and the working hypothesis is accepted. Thus, accuracy training has a significant influence on increasing the long passing accuracy of 16 year old Tunas Harapan soccer school athletes.

Keywords: Accuracy, Long passing, Accuracy training, Football School