ABSTRACT

Royyan Farhany Iskandar. 2023. THE EFFECT OF SHOOTING PRACTICE USING TARGET GAMES ON SHOOTING ACCURACY IN FOOTBALL GAMES. Department of Physical Education. Faculty of Teacher Training and Education. Siliwangi University. Tasikmalaya. The aim of this research is to obtain information about the effect of shooting practice using target games on increasing shooting accuracy in football games among Al-Hilal U-15 Football School Students, Tasikmalaya Regency 2023. The research method used is the experimental method and the instruments in this research are shooting test in a soccer game. The population in this study was 20 students from the Al-Hilal U-15 Football School, Tasikmalaya Regency, 2023. The sample used was 20 people using total sampling technique. The results of the research using the t test showed a calculated t value of 11.70 which was in the area of acceptance of the mole hypothesis (t table of 1.73). Based on the results of data processing using statistical tests, it turns out that empirically shooting practice using target games has a significant effect on shooting accuracy in football games among Al-Hilal U-15 Football School students in Tasikmalava Regency in 2023.

Keywords: training, soccer, shooting, target games,